

Ending the STI Epidemic Through Prevention

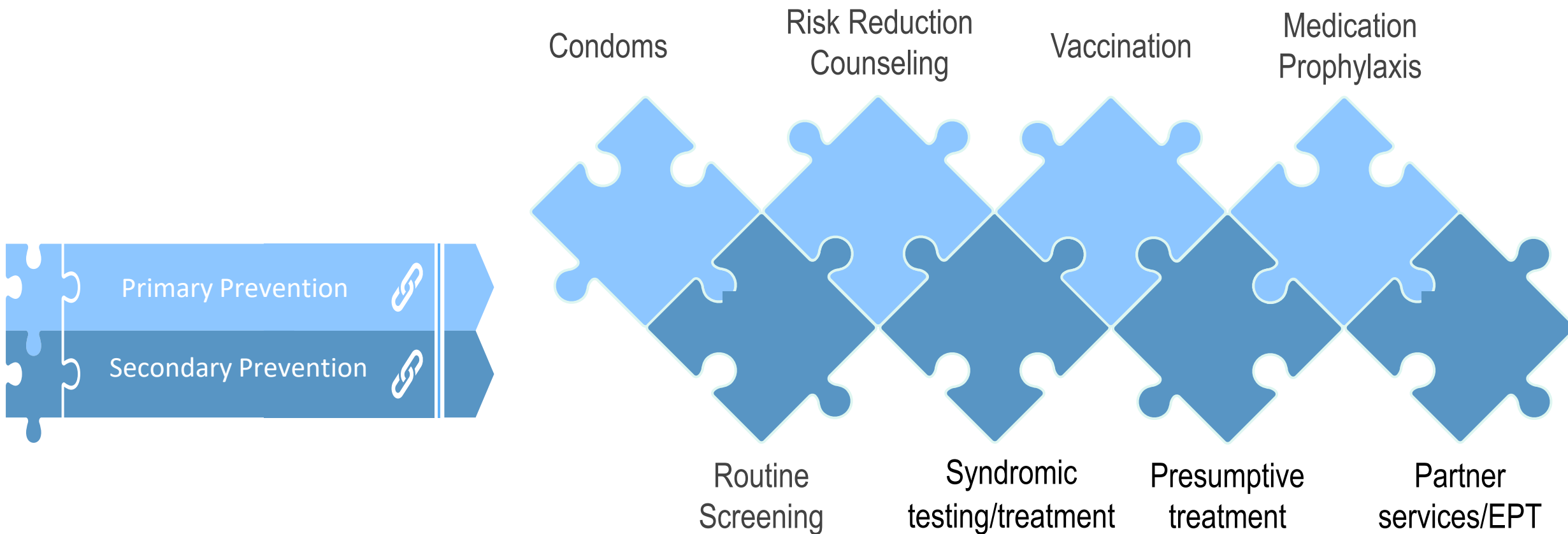
Jason Zucker, MD

Assistant Professor of Medicine at the Columbia University Irving Medical Center

Assistant Medical Director, NYC STD Prevention Training Center

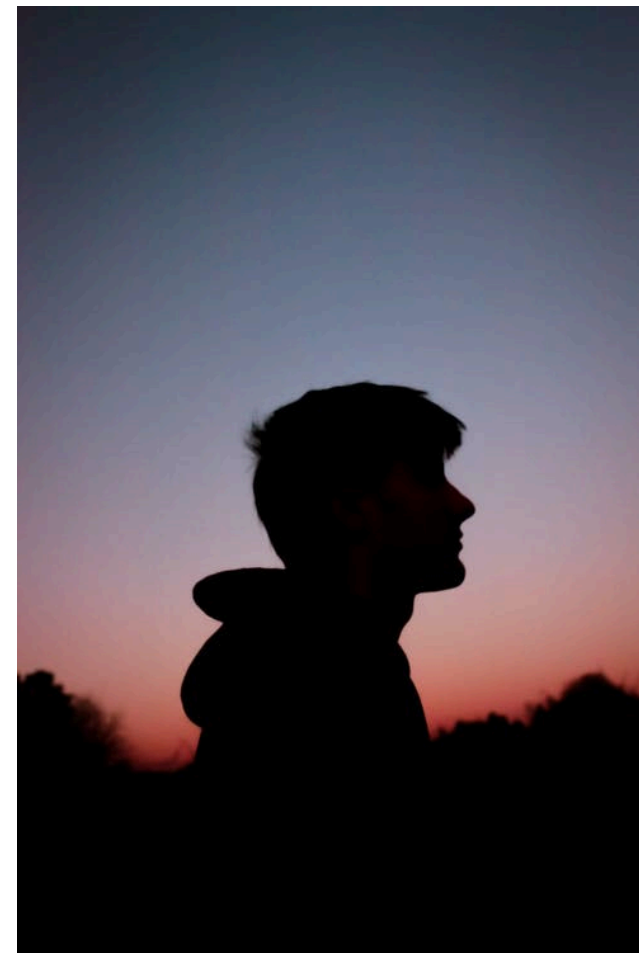
JZ2700@cumc.columbia.edu

STI Prevention Landscape

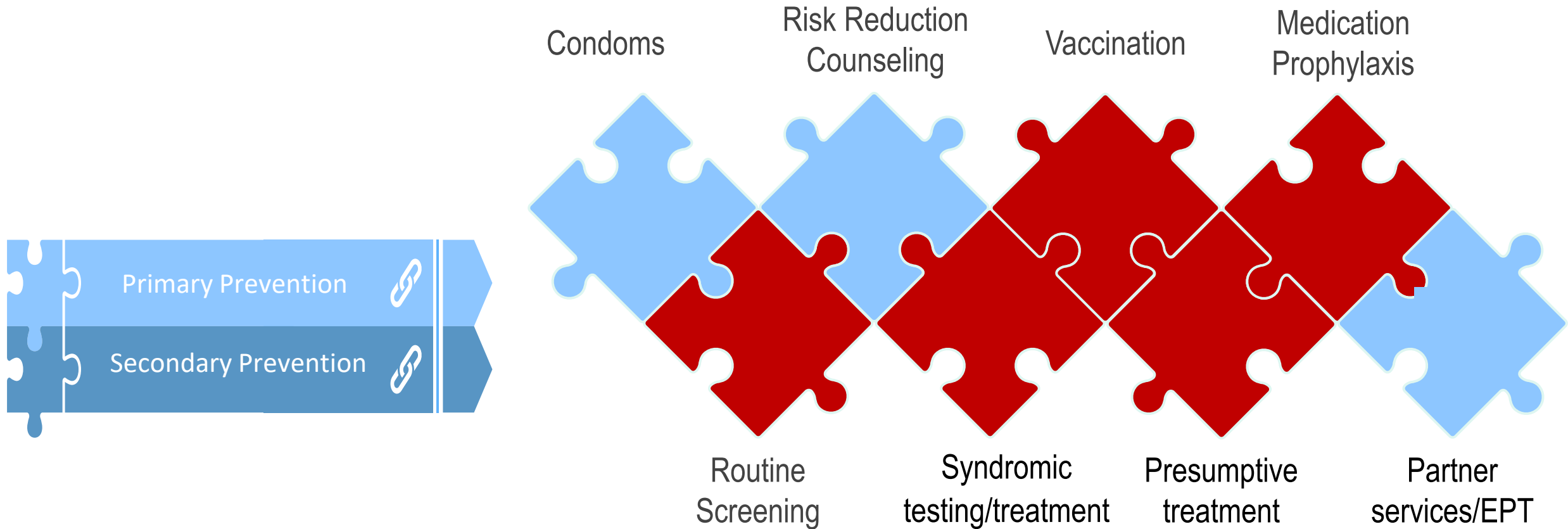


Meet Igor

- 29-year-old male in New York City
- Takes HIV PrEP for HIV prevention
- Sexually active with men
 - Four partners since his last visit, no condom usage
- Walks in to clinic due with 2 days of green penile discharge
- **Routine testing for HIV, syphilis, and three-site gonorrhea/chlamydia testing performed**
- **Treated empirically with Ceftriaxone and Doxycycline**



Igor's Prevention Plan



Igor's Active Prevention Plan



Primary Prevention

Vaccination

- HPV
- Hepatitis A/B
- Meningococcal ACYW
- Mpox

Medication

- HIV PrEP



Secondary Prevention

Routine screening

- Q3 Month Screening

Syndromic testing/treatment

Presumptive treatment

Igor's Results

Lab results:

HIV Ab/Ag - Negative

Urine GC/CT – GC positive

Pharyngeal GC/CT – GC positive

Rectal GC/CT – GC positive

RPR – 1:128

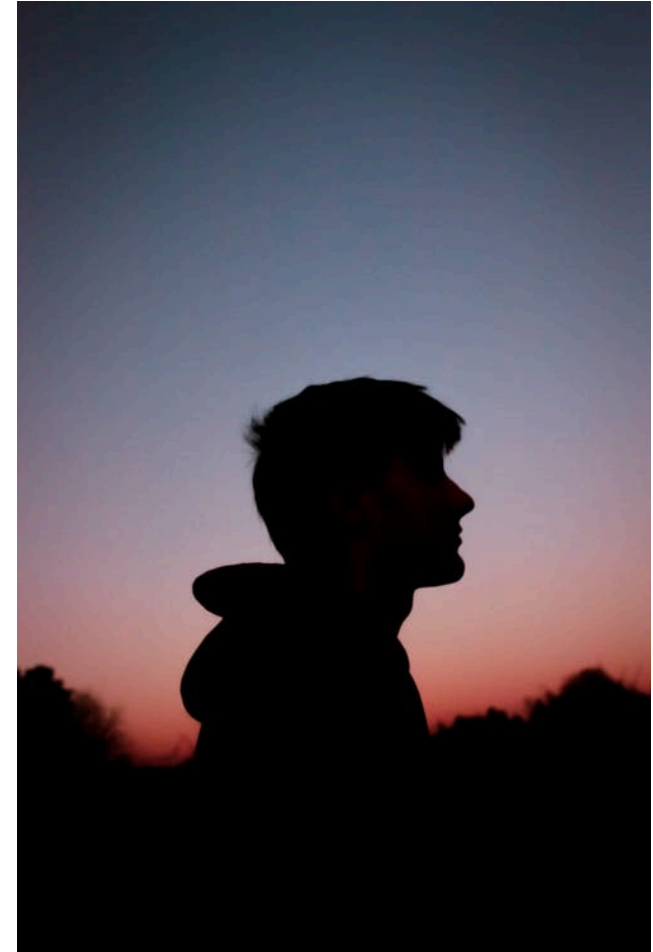
- 1:4 - 2 months ago



**Received additional 7 days (total 14 days) of
Doxycycline for early latent syphilis**

Igor

- Returned 6 weeks later
- **“I got totally better but now it hurts again when I pee”**
 - Seven partners since his last visit
 - Is sure that his regular partners got treated for gonorrhea and syphilis
 - Repeat routine testing for HIV, syphilis, and three-site gonorrhea/chlamydia testing was performed
 - Treated empirically with Ceftriaxone and Doxycycline



Igor's Results

Lab results:

HIV Ab/Ag - Negative

Urine GC/CT – GC positive

Pharyngeal GC/CT – GC positive

Rectal GC/CT – CT positive

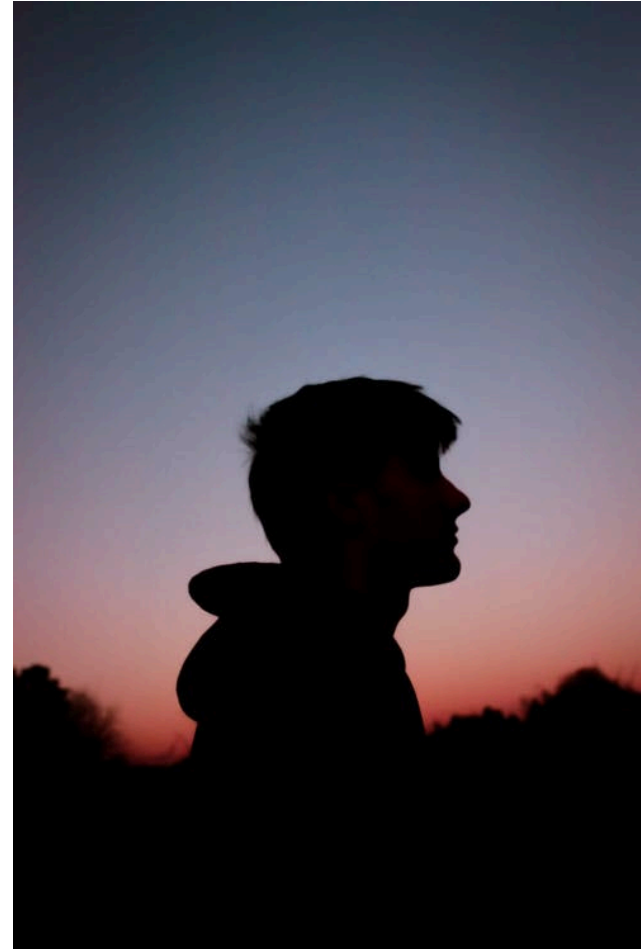
RPR – 1:32

- 1:128 – 6 weeks ago

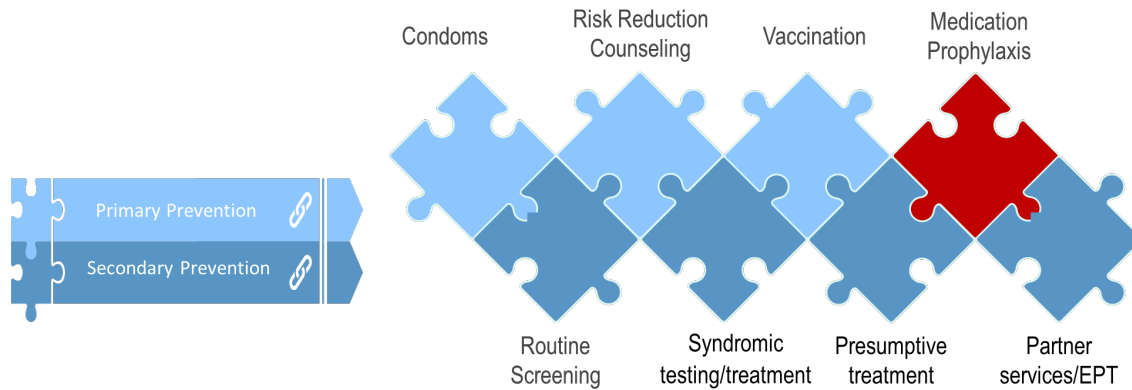


Igor

- Called to give Igor his results and he was pretty upset
- **“This is frustrating, is there anything I can do so I stop getting STIs?”**



Medication Prophylaxis



Medication Prophylaxis

1. HIV post-exposure prophylaxis (PEP)
2. HIV pre-exposure prophylaxis (PrEP)
3. **Doxy-PEP**

What is Doxy-PEP?

- Doxycycline 200mg by mouth, ideally within 24 hours but up to 72 hours after a condomless sexual encounter

FOR _____		DATE _____
ADDRESS _____		
		REFILL _____ TIMES
<small>A generically equivalent drug product may be dispensed unless the practitioner hand writes the words "Brand Necessary" or "Brand Medically Necessary" on the face of the prescription.</small>		
R_x		
Doxycycline Monohydrate 100mg tabs		
Take 2 tabs by mouth as needed every 24 hours		
Take 2 capsules by mouth, once daily as needed (take within 72 hours of condomless sex), Take no more than 2 capsules in any 24 hour period. Take with water and remain upright for 30 mins after taking		
Dispense: #60 tabs		
Refills: 0		
_____ SIGNATURE		_____ DEA NO.
ADDRESS _____		
Reorder Item #6120	Total Pharmacy Supply, Inc.	1-800-878-2822

Does Doxy-PEP Prevent STIs?

What We Know About Doxy-PEP

Existing studies on Doxycycline as post-exposure (Doxy-PEP) or pre-exposure (Doxy-PrEP) prophylaxis				
Study		Population	Effectiveness	Pills/month
ANRS IPERGAY	PEP	MSM/TGW taking PrEP	Reduction in time to first STI HR 0.53 (0.33-0.85) Reduction seen for CT and syphilis but not GC	6.8
DoxyPEP	PEP	MSM/TGW Taking PrEP or PWH	Reduction in STI per quarter RR 0.38 (0.24 – 0.6)	4.0 (IQR 1-10)
DoxyVac	PEP	MSM on PrEP	Reduction in time to first CT or syphilis HR 0.16 (0.08-0.30). Reduction in time to first GC HR 0.49 (0.32-0.76)	7.0 (IQR 4-11)
dPEP	PEP	Women	No reduction in STI incidence RR 0.88 (0.60-1.29)	Not reported
MSM = men who have sex with men, TGW = transgender women, PWH = Persons with HIV, CT = Chlamydia, GC = Gonorrhea, OR = odds ratio, HR = hazards ratio RR = Relative risk reduction () = Confidence intervals IQR() = Interquartile range				

- Doxycycline **post-exposure prophylaxis** (PEP) is safe and well tolerated
- Doxy-PEP **prevents** STIs in MSM and transgender women
- Doxy-PEP **did not** prevent STIs in cis-women in the dPEP study

What Do We Know About The Risks of Doxy-PEP?

Doxy-PEP Concerns

Doxycycline Prophylaxis for Bacterial Sexually Transmitted Infections: Promises and Perils

Martin Siguier¹ and Jean-Michel Molina^{*}

Department of Infectious Diseases, Saint-Louis Hospital, APHP, and University of Paris Diderot, Paris 75000, France

ABSTRACT: Despite their high global incidence, sexually transmitted infections (STIs) remain a neglected area of research. Increased rates of STIs have been reported in particular among men who have sex with men (MSM) probably because of the advances in the treatment and prophylaxis of human immunodeficiency virus (HIV) infection with a decrease in condom use. A recent report among MSM showed that the use of postexposure prophylaxis with doxycycline could dramatically reduce the incidence of chlamydia and syphilis but not of gonorrhea. The long-term consequences of this strategy are yet unknown, especially the risk of selection and dissemination of syphilis and chlamydia strains with doxycycline resistance, which has not been reported yet.

The incidence of bacterial sexually transmitted infections (STIs), infections due to *Chlamydia trachomatis* (CT), *Neisseria gonorrhoeae* (NG), and *Treponema pallidum* (TP), is increasing, especially in men who have sex with men (MSM) and represents a major public health concern.¹ Indeed, the advances in the treatment of human immunodeficiency virus (HIV) infection over the last 10 years have led to an increase in high-risk sexual practices such as condomless sex. More recently, the high efficacy of antiretrovirals to prevent HIV acquisition has provided a new biomedical tool for high risk individuals who are having more frequent condomless sex and are experiencing high rates of STIs.^{2,3} Thus, there is a need to develop new tools for the prevention of bacterial STIs in this population, especially since STIs could also increase the risk of HIV acquisition.⁴ Current strategies to contain the spread of STIs (promotion of condom use and counseling or behavioral

reduced the rates of gonorrhea and chlamydia but not of syphilis, probably because of the spread of TP with azithromycin resistance.

At a time when the notion of diversified prevention is emerging, one can combine well-known methods (condoms) with new ones such as, at the top of the list, pre-exposure prophylaxis (PrEP) of HIV infection by oral antiretroviral therapy (TDF-FTC combination), approved since 2012 in USA and now implemented in several countries; in addition, there is interest in the use of doxycycline prophylaxis for STIs in high risk MSM, in those already infected with HIV and a previous episode of syphilis, or in PrEP users at high risk of STIs and HIV.^{7,8} Indeed, doxycycline is a broad spectrum antibiotic that has been employed successfully for the prophylaxis of Lyme disease, scrub typhus, leptospirosis, and malaria. All strains of CT and TP are susceptible to doxycycline with the exception

- However, even if these results are encouraging, they should be taken with great caution:
 1. Previous trials of antibiotic prophylaxis have shown only limited and transient benefits
 2. Risk compensation...might offset early benefits
 3. Antibiotic prophylaxis might change the presentation of STIs
 4. Impact of doxycycline use on the microbiome remains to be assessed
 - Might select for antibiotic resistance outside the field of STIs
 - The greatest fear is by far the risk of selection of doxycycline resistance to chlamydia and syphilis

Clinical Questions

- How will Doxy-PEP impact sexual behavior?
- DoxyPEP and DoxyVAC
 - No impact on sexual behavior
 - Changes in sexual behavior could impact Doxy-PEPs effectiveness

Clinical Questions

- Antibiotic prophylaxis may change the presentation or diagnosis of STIs
- No data so far
- Notable concern about the impact on syphilis serological testing
 - Partial treatment
 - Delayed diagnosis
 - False negatives

Antimicrobial Resistance Concerns

J Antimicrob Chemother 2023; 78: 1561–1568
<https://doi.org/10.1093/jac/dkad129> Advance Access publication 2 May 2023

Journal of Antimicrobial Chemotherapy

Important considerations regarding the widespread use of doxycycline chemoprophylaxis against sexually transmitted infections

Fabian Yuh Shiong Kong ^{1*}, Chris Kenyon ^{2,3} and Magnus Unemo ^{4,5}

¹Centre for Epidemiology and Biostatistics, Melbourne School of Population and Global Health, University of Melbourne, Melbourne, Australia; ²HIV/STI Unit, Institute of Tropical Medicine, Antwerp, Belgium; ³Division of Infectious Diseases and HIV Medicine, University of Cape Town, Cape Town, South Africa; ⁴WHO Collaborating Centre for Gonorrhoea and Other STIs, National Reference Laboratory for STIs, Department of Laboratory Medicine, Örebro University, Örebro, Sweden; ⁵Faculty of Population Health Sciences, Institute for Global Health, University College London, London, UK

*Corresponding author. E-mail: kongf@unimelb.edu.au
[@fabian_kong](https://twitter.com/fabian_kong)

Rates of sexually transmitted infections (STIs) continue to rise across the world and interventions are essential to reduce their incidence. Past and recent studies have indicated this may be achieved using doxycycline post-exposure prophylaxis (PEP) and this has sparked considerable interest in its use. However, many unanswered questions remain as to its long-term effects and particularly potentially negative impact on human microbiomes and antimicrobial resistance among STIs, other pathogens, and commensals. In this review, we discuss seven areas of concern pertaining to the widespread use of doxycycline PEP.

1. Antimicrobial Resistance in STIs

1. *Treponema pallidum*
2. *Chlamydia trachomatis*
3. *Mycoplasma Genitalium*
4. *Neisseria Gonorrhea*

2. Antimicrobial Resistance in other bacterial species

1. Commensal bacteria

Limited Antibiotics in the Pipeline

The Journal of Antibiotics (2023) 76:431–473
<https://doi.org/10.1038/s41429-023-00629-8>



REVIEW ARTICLE



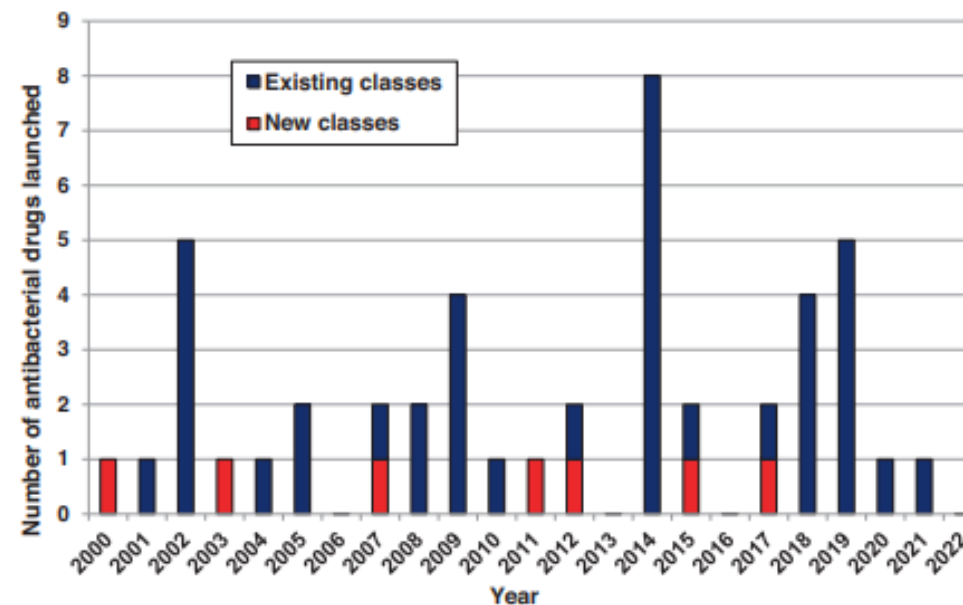
Antibiotics in the clinical pipeline as of December 2022

Mark S. Butler¹ · Ian R. Henderson¹ · Robert J. Capon¹ · Mark A. T. Blaskovich¹

Received: 2 March 2023 / Revised: 20 April 2023 / Accepted: 25 April 2023 / Published online: 8 June 2023
© The Author(s) 2023. This article is published with open access

Abstract

The need for new antibacterial drugs to treat the increasing global prevalence of drug-resistant bacterial infections has clearly attracted global attention, with a range of existing and upcoming funding, policy, and legislative initiatives designed to revive antibacterial R&D. It is essential to assess whether these programs are having any real-world impact and this review continues our systematic analyses that began in 2011. Direct-acting antibacterials (47), non-traditional small molecule antibacterials (5), and β -lactam/ β -lactamase inhibitor combinations (10) under clinical development as of December 2022 are described, as are the three antibacterial drugs launched since 2020. Encouragingly, the increased number of early-stage clinical candidates observed in the 2019 review increased in 2022, although the number of first-time drug approvals from 2020 to 2022 was disappointingly low. It will be critical to monitor how many Phase-I and -II candidates move into Phase-III and beyond in the next few years. There was also an enhanced presence of novel antibacterial pharmacophores in early-stage trials, and at least 18 of the 26 phase-I candidates were targeted to treat Gram-negative bacteria infections. Despite the promising early-stage antibacterial pipeline, it is essential to maintain funding for antibacterial R&D and to ensure that plans to address late-stage pipeline issues succeed.



Including for STIs

The Journal of Antibiotics (2023) 76:431–473
https://doi.org/10.1038/s41429-023-00629-8



REVIEW ARTICLE

Antibiotics in the clinical pipeline as of December 2022

Mark S. Butler¹ · Ian R. Henderson¹ · Robert J. Capon¹ · Mark A. T. Blaskovich¹

Received: 2 March 2023 / Revised: 20 April 2023 / Accepted: 25 April 2023 / Published online: 8 June 2023
© The Author(s) 2023. This article is published with open access

Abstract

The need for new antibacterial drugs to treat the increasing global prevalence of drug-resistant bacterial infections has clearly attracted global attention, with a range of existing and upcoming funding, policy, and legislative initiatives designed to revive antibacterial R&D. It is essential to assess whether these programs are having any real-world impact and this review continues our systematic analyses that began in 2011. Direct-acting antibacterials (47), non-traditional small molecule antibacterials (5), and β -lactam/ β -lactamase inhibitor combinations (10) under clinical development as of December 2022 are described, as are the three antibacterial drugs launched since 2020. Encouragingly, the increased number of early-stage clinical candidates observed in the 2019 review increased in 2022, although the number of first-time drug approvals from 2020 to 2022 was disappointingly low. It will be critical to monitor how many Phase-I and -II candidates move into Phase-III and beyond in the next few years. There was also an enhanced presence of novel antibacterial pharmacophores in early-stage trials, and at least 18 of the 26 phase-I candidates were targeted to treat Gram-negative bacteria infections. Despite the promising early-stage antibacterial pipeline, it is essential to maintain funding for antibacterial R&D and to ensure that plans to address late-stage pipeline issues succeed.

Antibiotics in the clinical pipeline as of December 2022

435

Table 3 Antibiotics with NDA/MAA submitted or in phase-III clinical trials (structures in Figs. 3 and 4)

Name (synonym) ^a	Compound class (lead source)	Mode of action ^a	Administration; indication (developer)
<i>NDA/MAA</i>			
solithromycin (6) (T-4288)	erythromycin (NP)	protein synthesis inhibition	IV/po; respiratory tract infection (FUJIFILM Toyama)
<i>Phase-III</i>			
sulopenem (6) (IV) sulopenem etzadroxil (7) (prodrug) + probenecid (8)	penem (NP)	PBP (cell wall)	po; uUTI, cUTI and cIAI (Iterum Therapeutics)
nafithromycin (9) (WCK 4873)	macrolide (NP)	protein synthesis	po; CABP (Wockhardt)
gepotidacin (10) (GSK-2140944)	triazacacenaphthylene (S)	DNA gyrase (GyrA) — different to quinolones	po; UTI and gonorrhea (GSK)
zotilofidacin (11) (ETX0914)	spiropyrimidinetrione (S)	DNA gyrase (GyrB)	po; gonorrhea (Innoviva / GARDP)
<i>Phase-II/III</i>			
benapenem (12)	carbapenem (NP)	PBP (cell wall)	IV; UTI (Sihuan Pharmaceuticals)
epetaborole (13) (BRIL-658)	oxaborole (S)	leucyl-tRNA synthetase (LeuRS) — protein synthesis	po; NTM with a focus on <i>M. avium</i> (AN2 Therapeutics / Brii Biosciences)

CABP community-acquired bacterial pneumonia, cIAI complicated intra-abdominal infections, cUTI complicated urinary tract infections, IV intravenous, NP natural product, PBP penicillin binding protein, po per os (oral), NTM non-tuberculosis mycobacteria, S synthetic, uUTI uncomplicated urinary tract infections, UTI urinary tract infections

^aCompounds with new pharmacophores and MoA are underlined

What Could Be Our Next Option?

Efficacy of ertapenem, gentamicin, fosfomycin, and ceftriaxone for the treatment of anogenital gonorrhoea (NABOGO): a randomised, non-inferiority trial

Henry J C de Vries, Myrthe de Laat, Vita W Jongen, Titia Heijman, Carolien M Wind, Anders Boyd, Jolinda de Korne-Elenbaas, Alje P van Dam*, Maarten F Schim van der Loeff*, on behalf of the NABOGO steering group†

Summary

Background *Neisseria gonorrhoeae* causes gonorrhoea, a common sexually transmitted infection. Emerging strains resistant to first-line ceftriaxone threaten *N gonorrhoeae* management. Hence, alternative treatments are needed. We aimed to evaluate the efficacy of ertapenem, gentamicin, and fosfomycin as alternative treatments for anogenital *N gonorrhoeae*.

Methods In a randomised, controlled, double-blind, non-inferiority trial (three experimental groups and one control group) at the Centre for Sexual Health in Amsterdam, Netherlands, we included adults aged 18 years or older, with anorectal or urogenital gonorrhoea. With random permuted blocks, participants were randomly assigned (1:1:1:1) to receive intramuscular 500 mg ceftriaxone (control group), intramuscular 1000 mg ertapenem, intramuscular 5 mg/kg gentamicin (maximum 400 mg), or oral 6 g fosfomycin. The primary outcome was the proportion of participants with a negative nucleic acid amplification test of the predefined primary infected site, 7–14 days after treatment. The primary analysis was per protocol (ie, excluding those lost to follow-up). The modified intention-to-treat analysis included all randomly assigned patients with anogenital gonorrhoea considering those lost-to-follow-up as treatment failure. Non-inferiority was established if the lower Hochberg-corrected 95% CI for difference between the experimental and control groups was greater than –10%. For the analysis of adverse events, we included all participants who received medication. The trial was registered at ClinicalTrials.gov (NCT03294395) and is complete.

Findings Between Sept 18, 2017, and June 5, 2020, from 2160 patients invited to participate, we assigned 346 (16%) participants to receive either ceftriaxone (n=103), ertapenem (n=103), gentamicin (n=102), or fosfomycin (n=38). The fosfomycin group was terminated early after interim analysis revealed less than 60% efficacy. In the primary per-protocol analysis, 93 (100%) of 93 patients in the ceftriaxone group, 86 (99%) of 87 patients in the ertapenem group, 79 (93%) of 85 patients in the gentamicin group, and four (12%) of 33 patients in the fosfomycin group cleared *N gonorrhoeae* (risk difference vs ceftriaxone –0.01 [95% CI –0.08 to 0.05] for ertapenem and –0.07 [–0.16 to –0.01] for gentamicin). Thus, ertapenem proved non-inferior to ceftriaxone. In mITT analysis, risk differences versus ceftriaxone were –0.08 (–0.17 to 0.003) for ertapenem and –0.11 (–0.21 to –0.04) for gentamicin. We observed a higher proportion of patients with at least one adverse event in the ertapenem group (58 [56%] of 103) and fosfomycin group (36 [95%] of 38) versus the ceftriaxone group (24 [23%] of 103).

Interpretation Single-dose 1000 mg ertapenem is non-inferior to single-dose 500 mg ceftriaxone in gonorrhoea treatment. Yet, 5 mg/kg gentamicin (maximum 400 mg) is not non-inferior to ceftriaxone. Ertapenem is a potential effective alternative for anogenital *N gonorrhoeae* infections and merits evaluation for ceftriaxone-resistant infections.

- Randomized, controlled, double-blind, non-inferiority trial
- 346 randomly assigned
 - 103 – Ceftriaxone
 - 103 – Ertapenem
 - 102 – Gentamicin
 - 38 - Fosfomycin

What Could Be Our Next Option?

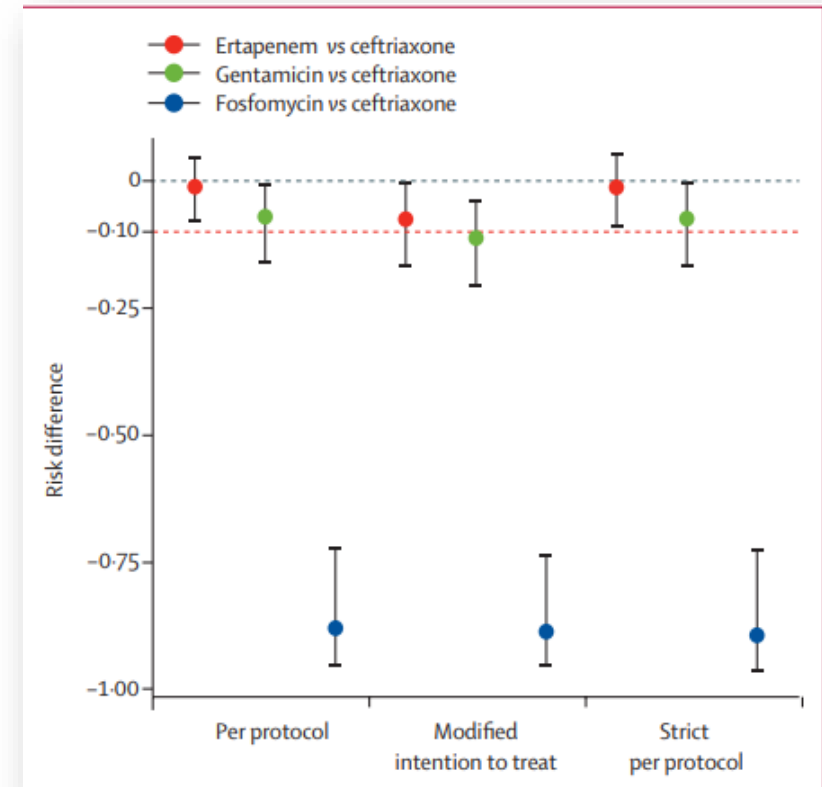
Efficacy

- Ceftriaxone 100%
- Ertapenem 99%
- Gentamicin 93%

	Ceftriaxone group	Ertapenem group	Gentamicin group	Fosfomycin group	Ertapenem vs ceftriaxone		Gentamicin vs ceftriaxone		Fosfomycin vs ceftriaxone	
					Risk difference*	p†	Risk difference*	p†	Risk difference*	p†
Primary analysis per protocol*										
Clearance (7–14 days)	93/93 (100%; 96 to 100)	86/87 (99%; 94 to 100)	79/85 (93%; 85 to 97)	4/33 (12%; 3 to 28)	−0.01 (−0.08 to 0.05)	0.0089	−0.07 (−0.16 to −0.01)	0.37	−0.88 (−0.95 to −0.72)	1.000
Secondary analysis modified intention-to-treat‡										
Clearance (7–14 days)	93/93 (100%; 96 to 100)	86/93 (92%; 85 to 97)	79/89 (89%; 80 to 94)	4/35 (11%; 3 to 27)	−0.08 (−0.17 to 0.003)	0.64	−0.11 (−0.21 to −0.04)	1.000	−0.89 (−0.96 to −0.74)	1.000
Secondary analysis per protocol§										
Clearance (7–28 days)	93/93 (100%; 96 to 100)	87/88 (99%; 94 to 100)	82/88 (93%; 86 to 97)	4/33 (12%; 3 to 28)	−0.01 (−0.08 to 0.05)	0.0084	−0.07 (−0.16 to −0.003)	0.32	−0.88 (−0.95 to −0.72)	1.000
Secondary analysis strict per protocol¶										
Clearance (7–14 days)	81/81 (100%; 96 to 100)	78/79 (99%; 93 to 100)	75/81 (93%; 85 to 97)	3/28 (11%; 2 to 28)	−0.01 (−0.09 to 0.05)	0.015	−0.07 (−0.17 to −0.001)	0.44	−0.89 (−0.96 to −0.72)	1.000

What Could Be Our Next Option?

- Single-dose ertapenem 1000 mg **is non-inferior** to single-dose ceftriaxone 500 mg for uncomplicated anogenital gonorrhea
- Single-dose 5 mg/kg gentamicin (max 400mg) is **not non-inferior** to ceftriaxone
- Single-dose oral fosfomycin was ineffective



What Could Be Our Next Option?

THE NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

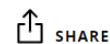
Single-Dose Zoliflodacin (ETX0914) for Treatment of Urogenital Gonorrhea

Stephanie N. Taylor, M.D., Jeanne Marrazzo, M.D., M.P.H.,
Byron E. Batteiger, M.D., Edward W. Hook, III, M.D., Arlene C. Seña, M.D., M.P.H.,
Jill Long, M.D., M.P.H., Michael R. Wierzbicki, Ph.D., Hannah Kwak, M.H.S.,
Shacondra M. Johnson, B.S.P.H., Kenneth Lawrence, Pharm.D.,
and John Mueller, Ph.D.

New gonorrhea antibiotic shows promise in pivotal phase 3 trial

[Chris Dall, MA](#), November 2, 2023

Topics: [Antimicrobial Stewardship](#), [Gonorrhea](#)

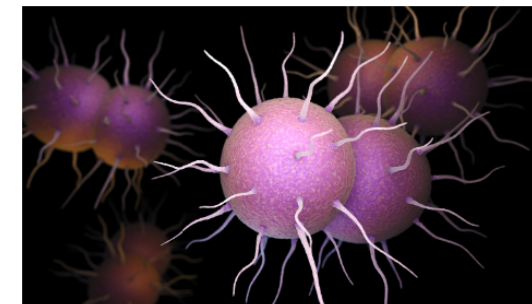


SHARE

A desperately needed new antibiotic for gonorrhea infections could soon be on the way.

In a phase 3 trial conducted in five countries, the investigational oral antibiotic zoliflodacin met its primary end point, demonstrating statistical non-inferiority in curing patients who had uncomplicated urogenital gonorrhea infections compared with the standard treatment of intramuscular ceftriaxone and oral azithromycin. Zoliflodacin was also found to be well tolerated by patients, with no serious adverse events or deaths recorded.

A first-in-class antibiotic with a novel mechanism of action, zoliflodacin is the first new drug in decades for gonorrhea, which is



iLexx / iStock

Antimicrobial Resistance

Chlamydia

- No clinical resistance to tetracyclines in *Chlamydia trachomatis*
- Tetracycline resistance has been seen in *C.suis* (pigs)
 - tetC (efflux pump)

Syphilis

- No clinical resistance to tetracyclines in *Treponema pallidum*
- Widespread macrolide resistance was seen with a single-point mutation

Antimicrobial Resistance – M. Genitalium

- Intrinsically resistant to:
 - Cell wall and folic acid inhibitors
- High resistance rates to:
 - Protein synthesis inhibitors
 - Macrolides 77%
 - Tetracyclines, 60%
 - Nucleic acid synthesis inhibitors
 - quinolones, 90%

Antimicrobial Resistance – M. Genitalium

Clinical Infectious Diseases

MAJOR ARTICLE



Outcomes of Resistance-guided Sequential Treatment of *Mycoplasma genitalium* Infections: A Prospective Evaluation

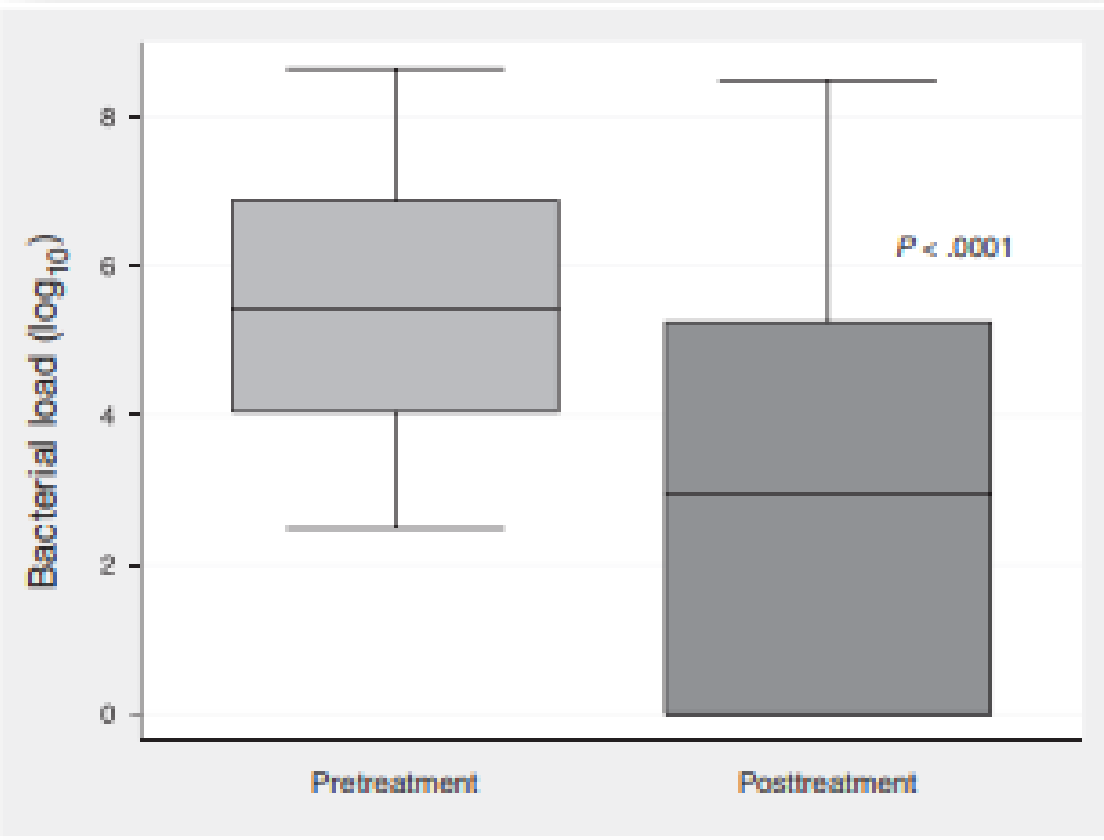
Tim R. H. Read,^{1,2} Christopher K. Fairley,^{1,2} Gerald L. Murray,^{3,4,5,6} Jorgen S. Jensen,⁷ Jennifer Danielewski,^{3,4} Karen Worthington,² Michelle Doyle,² Elisa Mokany,⁸ Litty Tan,⁸ Eric P. F. Chow,^{1,2} Suzanne M. Garland,^{3,4,5,9} and Catriona S. Bradshaw^{1,2}

¹Central Clinical School, Faculty of Medicine, Nursing and Health Sciences, Monash University, Melbourne, ²Melbourne Sexual Health Centre, Alfred Health, Carlton, ³Murdoch Children's Research Institute, Parkville, ⁴Department of Microbiology and Infectious Diseases, Royal Women's Hospital, Melbourne, ⁵Infection and Immunity Program, Monash Biomedicine Discovery Institute, and ⁶Royal Children's Hospital, Melbourne, Victoria, Australia; ⁷Statens Serum Institut, Copenhagen, Denmark; ⁸SpeeDx Pty Ltd, Eveleigh, New South Wales, and ⁹Department of Obstetrics and Gynaecology, University of Melbourne, Victoria, Australia

(See the Major Article by Braun et al on pages 569-76 and Editorial commentary by Sulkowski on pages 577-9.)

Background. Rising macrolide and quinolone resistance in *Mycoplasma genitalium* necessitate new treatment approaches. We evaluated outcomes of sequential antimicrobial therapy for *M. genitalium* guided by a macrolide-resistance assay.

Methods. In mid-2016, Melbourne Sexual Health Centre switched from azithromycin to doxycycline (100 mg twice daily for 7 days) for nongonococcal urethritis, cervicitis, and proctitis. Cases were tested for *M. genitalium* and macrolide-resistance mutations (MRMs) by polymerase chain reaction. Directly after doxycycline, MRM-negative infections received 2.5 g azithromycin (1 g, then 500 mg daily for 3 days), and MRM-positive infections received sitafloxacin (100 mg twice daily for 7 days). Assessment of test of cure and reinfection risk occurred 14–90 days after the second antibiotic.



Antimicrobial Resistance – M. Genitalium

Clinical Infectious Diseases

MAJOR ARTICLE



Outcomes of Resistance-guided Sequential Treatment of *Mycoplasma genitalium* Infections: A Prospective Evaluation

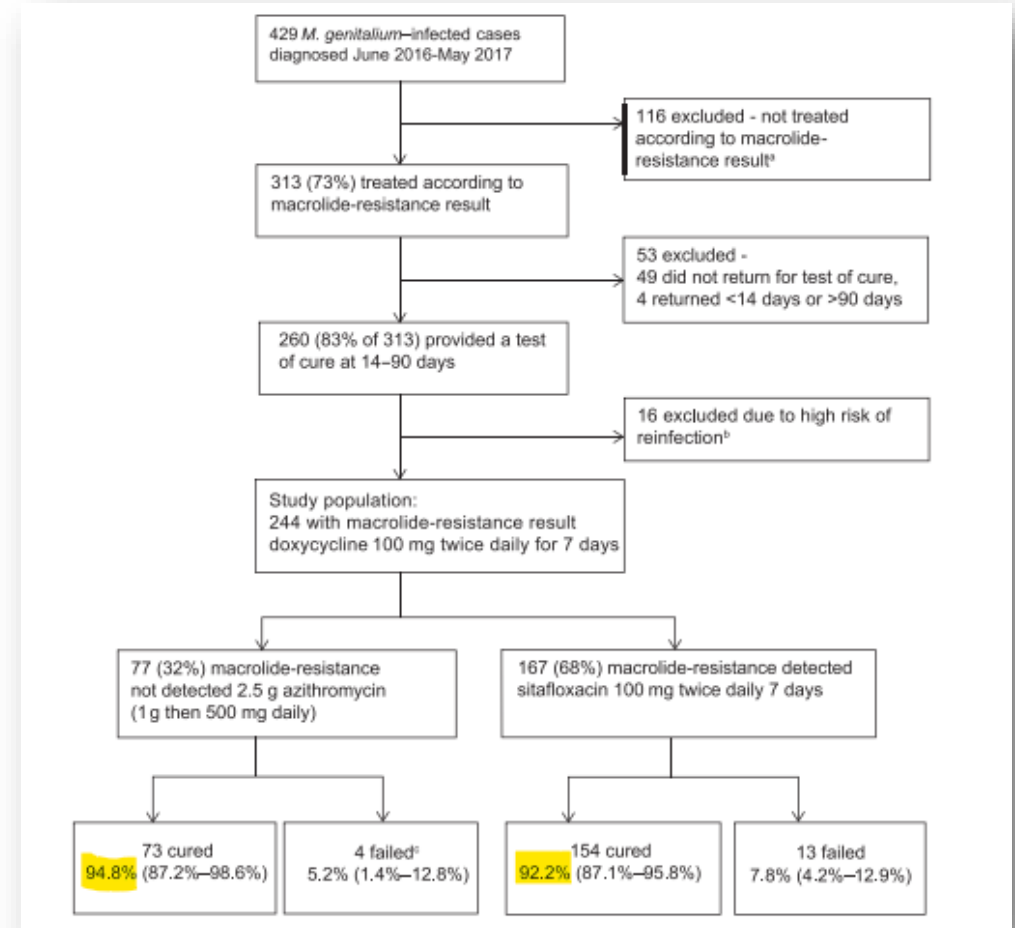
Tim R. H. Read,^{1,2} Christopher K. Fairley,^{1,2} Gerald L. Murray,^{3,4,5,6} Jorgen S. Jensen,⁷ Jennifer Danielewski,^{3,4} Karen Worthington,² Michelle Doyle,² Elisa Mokany,⁸ Litty Tan,⁸ Eric P. F. Chow,^{1,2} Suzanne M. Garland,^{3,4,5,9} and Catriona S. Bradshaw^{1,2}

¹Central Clinical School, Faculty of Medicine, Nursing and Health Sciences, Monash University, Melbourne, ²Melbourne Sexual Health Centre, Alfred Health, Carlton, ³Murdoch Children's Research Institute, Parkville, ⁴Department of Microbiology and Infectious Diseases, Royal Women's Hospital, Melbourne, ⁵Infection and Immunity Program, Monash Biomedicine Discovery Institute, and ⁶Royal Children's Hospital, Melbourne, Victoria, Australia; ⁷Statens Serum Institut, Copenhagen, Denmark; ⁸SpeeDx Pty Ltd, Eveleigh, New South Wales, and ⁹Department of Obstetrics and Gynaecology, University of Melbourne, Victoria, Australia

(See the Major Article by Braun et al on pages 569-76 and Editorial commentary by Sulkowski on pages 577-9.)

Background. Rising macrolide and quinolone resistance in *Mycoplasma genitalium* necessitate new treatment approaches. We evaluated outcomes of sequential antimicrobial therapy for *M. genitalium* guided by a macrolide-resistance assay.

Methods. In mid-2016, Melbourne Sexual Health Centre switched from azithromycin to doxycycline (100 mg twice daily for 7 days) for nongonococcal urethritis, cervicitis, and proctitis. Cases were tested for *M. genitalium* and macrolide-resistance mutations (MRMs) by polymerase chain reaction. Directly after doxycycline, MRM-negative infections received 2.5 g azithromycin (1 g, then 500 mg daily for 3 days), and MRM-positive infections received sitafloxacin (100 mg twice daily for 7 days). Assessment of test of cure and reinfection risk occurred 14–90 days after the second antibiotic.



Antimicrobial Resistance - Gonorrhea

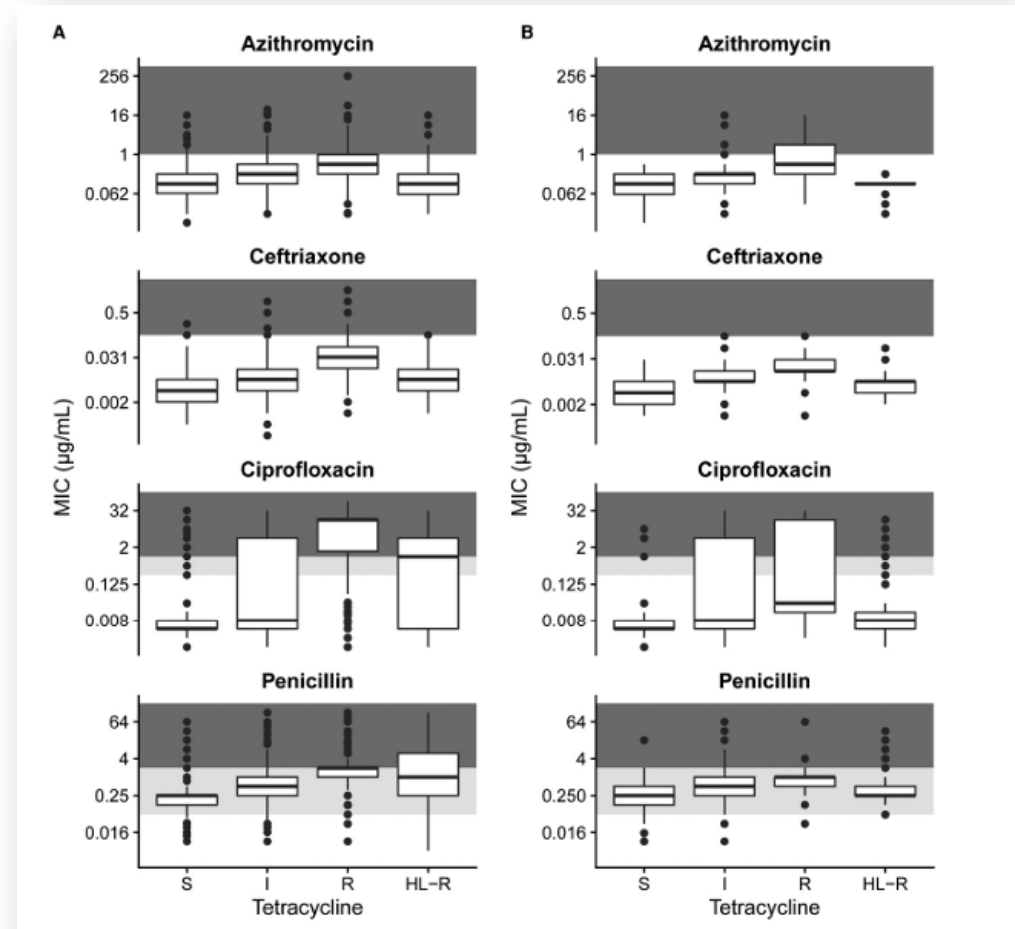
Clinical Infectious Diseases

BRIEF REPORT

A Genomic Perspective on the Near-term Impact of Doxycycline Post-exposure Prophylaxis on *Neisseria gonorrhoeae* Antimicrobial Resistance

Tatum D. Mortimer¹ and Yonatan H. Grad¹

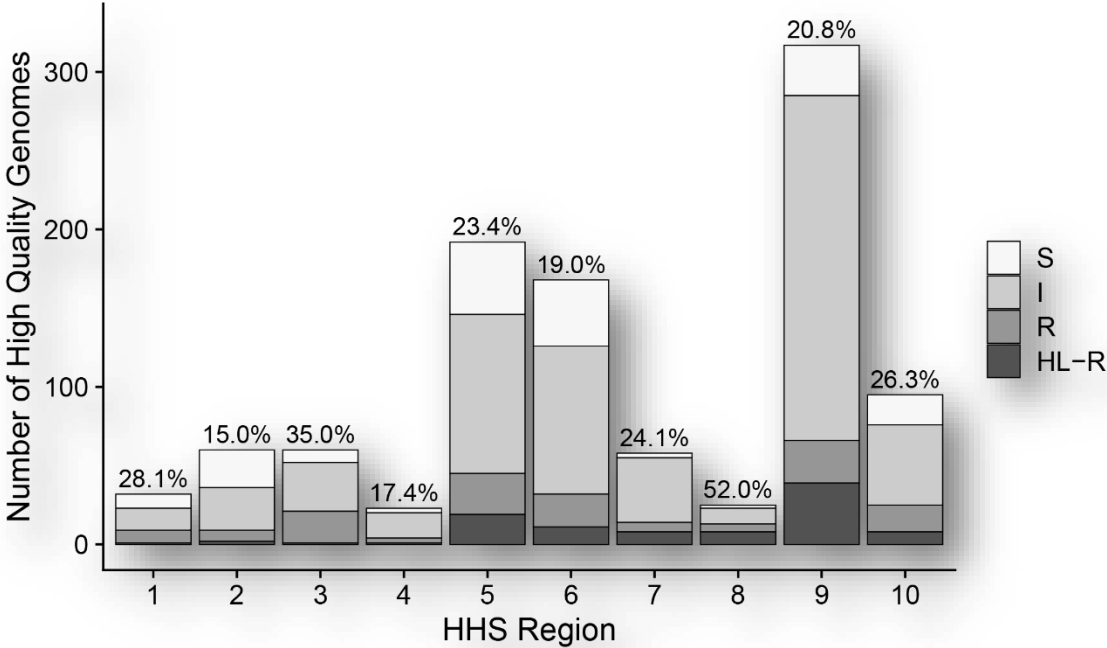
Department of Immunology and Infectious Diseases, Harvard T.H. Chan School of Public Health, Boston, Massachusetts, USA



Antimicrobial Resistance - Gonorrhea

Tetracycline Susceptibility By HHS Region

Tetracycline Susceptibility By Sexual Preferences



	S	I	R	HL-R
MSM	10.3%	62.9%	15.9%	10.9%
MSW	23.0%	55.7%	12.8%	8.5%
MSMW	13.2%	60.3%	14.7%	11.8%

Antimicrobial Resistance - Commensals

JAC Antimicrob Resist
<https://doi.org/10.1093/jacamr/dlac009>

JAC- Antimicrobial Resistance

A systematic review of the impacts of oral tetracycline class antibiotics on antimicrobial resistance in normal human flora

Robinson Truong^{1,2}, Vincent Tang¹, Troy Grennan^{3,4} and Darrell H. S. Tan^{1,2,5,6*}

¹Faculty of Medicine, University of Toronto, 1 King's College Cir, Toronto, ON M5S 1A8, Canada; ²Centre for Urban Health Solutions, St. Michael's Hospital, 209 Victoria St, Toronto, ON M5B 1T8, Canada; ³BC Centre for Disease Control, 655 West 12th Avenue, Vancouver, BC V5Z 4R4, Canada; ⁴Division of Infectious Diseases and Department of Medicine, University of British Columbia, 317-2194 Health Sciences Mall, Vancouver, BC V6 T 1Z3, Canada; ⁵Division of Infectious Diseases, St. Michael's Hospital, 36 Queen St E, Toronto, ON M5B 1W8, Canada; ⁶Department of Medicine, St. Michael's Hospital, 36 Queen St E, Toronto, ON M5B 1W8, Canada

*Corresponding author. E-mail: darrell.tan@gmail.com

Received 18 October 2021; accepted 17 January 2022

Objectives: There is interest in doxycycline as prophylaxis against sexually transmitted infections (STIs), but concern about antimicrobial resistance (AMR). We conducted a systematic review (CRD42021273301) of the impact of oral tetracycline-class antibiotics on AMR in normal flora.

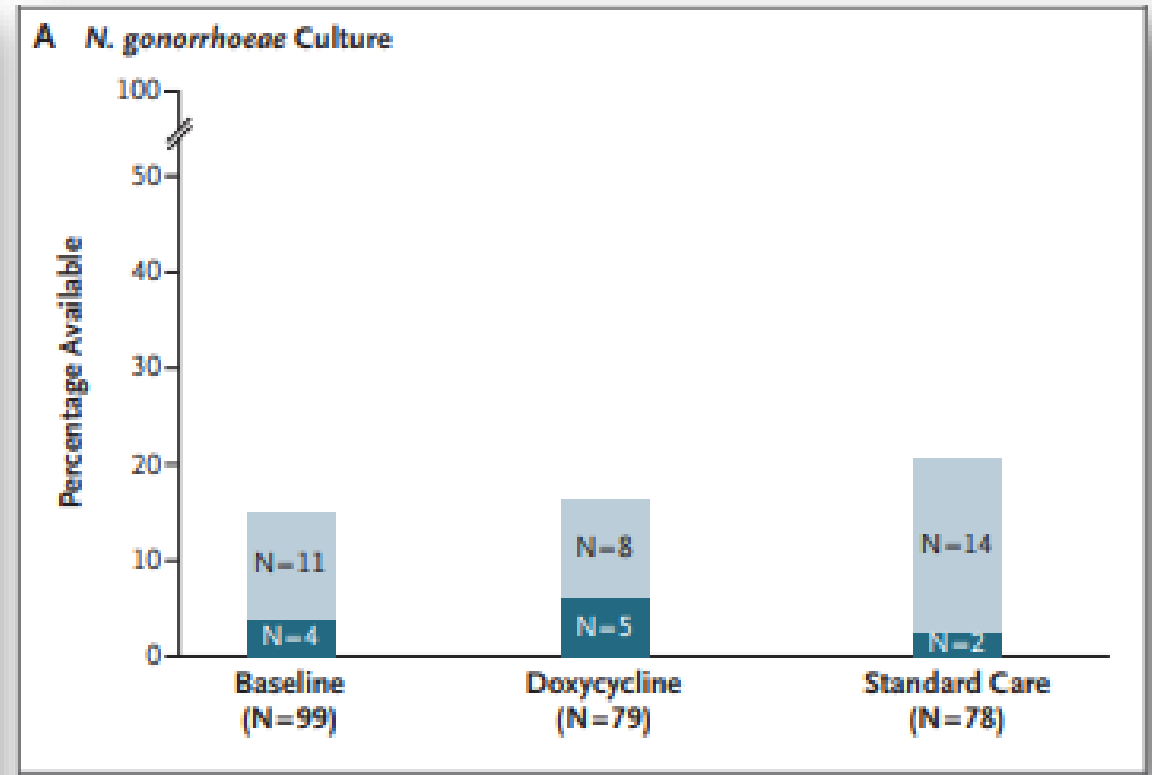
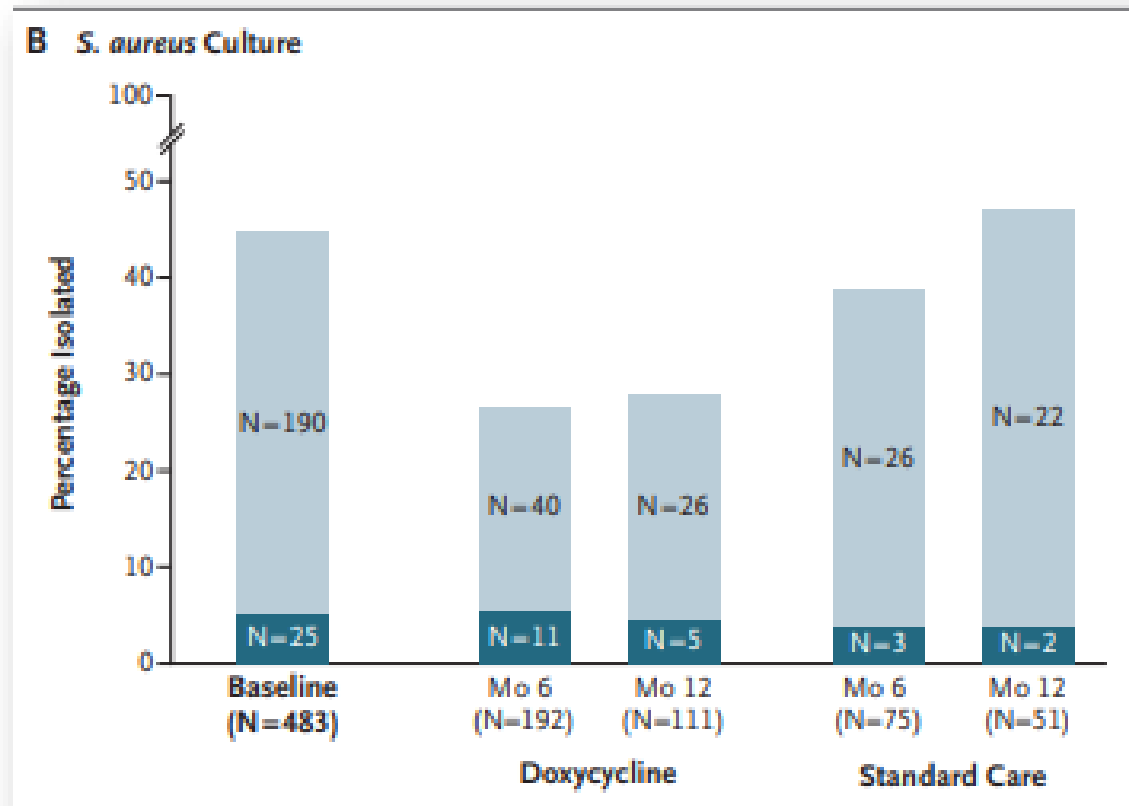
Methods: We searched MEDLINE, EMBASE, the Cochrane Library (1940–2021) and conference proceedings (2014–21) for randomized controlled trials in adults comparing daily oral tetracycline-class antibiotics to non-tetracycline controls. The primary outcome was AMR to tetracyclines; secondary outcomes included resistance to non-tetracyclines. Data were inappropriate for meta-analysis, so we analysed findings descriptively.

Results: Our search yielded 6265 abstracts of which 7 articles fulfilled inclusion criteria. Most were at moderate/high risk of bias, generally due to inadequate methodologic reporting. Studies used doxycycline, tetracycline, oxytetracycline or minocycline for 2–18 weeks. Most observed an increased burden of tetracycline resistance, including in subgingival ($n=3$ studies), gastrointestinal ($n=2$) and upper respiratory tract ($n=1$) flora; one study of skin flora found no change in tetracycline-resistant *Propionibacterium* species after 18 weeks of oxytetracycline/minocycline. Four studies reassessed AMR at 2–50 weeks post-intervention and reported varying degrees of resistance. Three articles reported on the prevalence of non-tetracycline AMR after doxycycline prophylaxis, of which one found a transient increase among gastrointestinal *Escherichia coli*; the other two showed no difference from control.

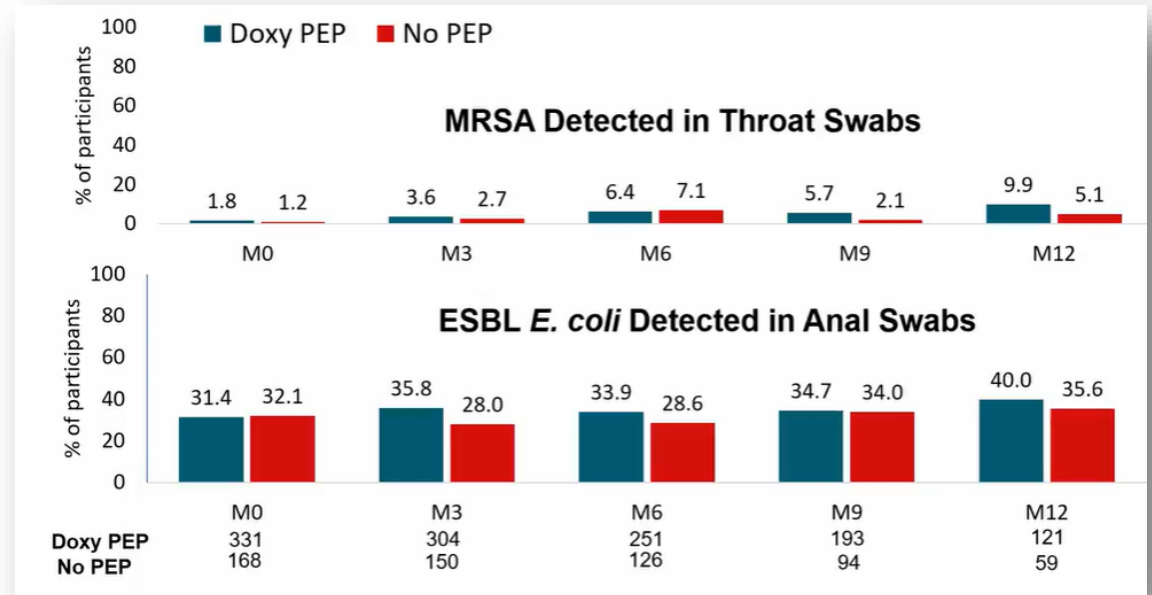
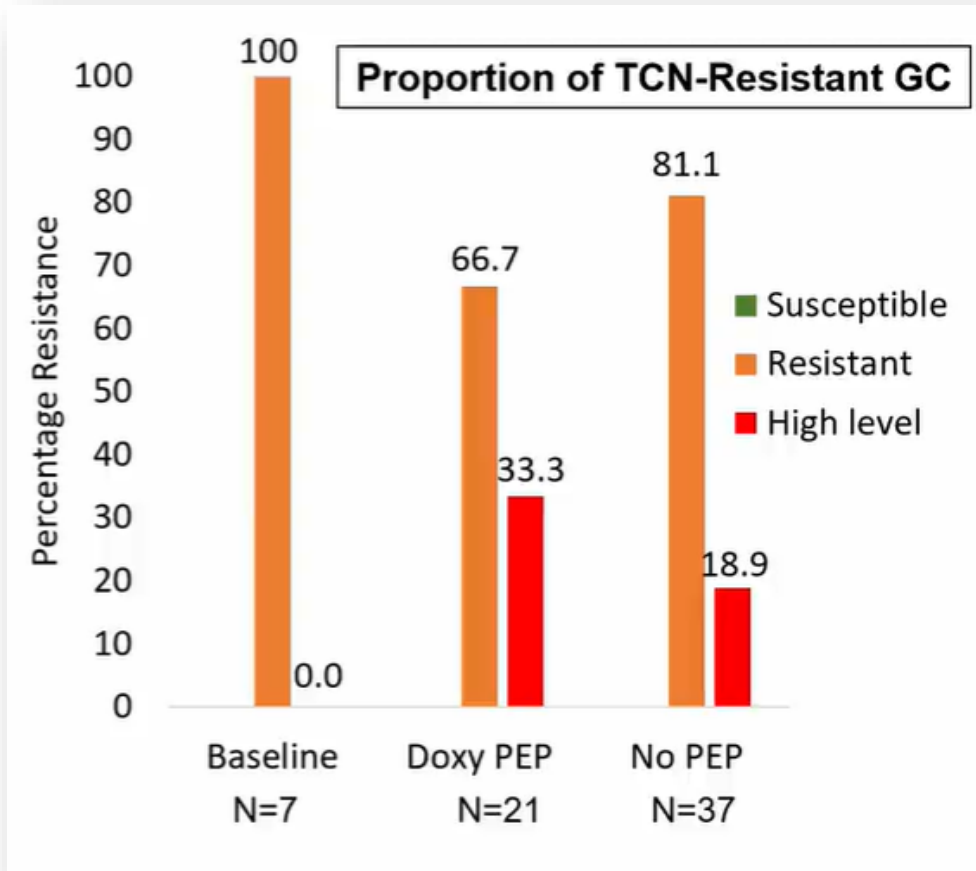
Conclusions: Although the effects are modest and transient, limited data from small prospective studies may suggest that oral tetracyclines for 2–18 weeks increase resistance in subgingival, gastrointestinal and upper respiratory tract flora. STI prophylaxis trials should include AMR in commensal bacteria as study outcomes.

- Limited data from small prospective studies may suggest that oral tetracyclines for 2–18 weeks increase resistance in subgingival, gastrointestinal and upper respiratory tract flora.

Antimicrobial Resistance – DoxyPEP Study



Antimicrobial Resistance – DoxyVac Study



Doxy-PEP Will Increase Doxycycline Usage

Correspondence

Estimating changes in antibiotic consumption in the USA with the introduction of doxycycline post-exposure prophylaxis

Doxycycline as a post-exposure prophylaxis (doxy-PEP) reduced the risk of bacterial sexually transmitted infections (STIs) in a randomised controlled trial of men who have sex with men taking HIV pre-exposure prophylaxis (PrEP), transgender women taking HIV PrEP, and people living with HIV.¹ There is concern that increased consumption of doxycycline might increase antimicrobial resistance, including doxycycline-resistant *Neisseria gonorrhoeae*, *Staphylococcus aureus*, and *Streptococcus pneumoniae*.²⁻⁴

Antibiotic use might change with the introduction of doxy-PEP; estimating this change could inform considerations of the risks of antimicrobial resistance and the benefits of STI prevention. We estimated the first-order expected increase in antibiotic consumption in the USA under several doxy-PEP prescribing scenarios (appendix pp 1-2). We accounted for defined STI in the past year.¹ If 75% of people in this population began to take doxy-PEP, monthly antibiotic consumption would increase by approximately 2.52 million doses (ie, doxy-PEP consumption of 2.58 million doses minus 62 100 antibiotic doses that would otherwise have been used for bacterial STI treatment; appendix p 6). If the entire eligible population began to take doxy-PEP, monthly antibiotic consumption would be expected to increase by 3.36 million doses (appendix p 7).

A retrospective analysis of ten prescribing strategies based on the PrEP use, HIV status, and bacterial STI history of people predicted substantial variation across the strategies in the number of infections averted per person taking doxy-PEP.⁵ The prescribing strategy with the lowest number needed to treat to prevent a chlamydia infection was a diagnosis of two bacterial STIs within a 6-month period. 75% implementation of this strategy among men who have sex with men taking HIV PrEP and people living with HIV would lead to an increase in monthly antibiotic consumption of 0.28 million doses in the USA, whereas widespread (ie, 100%) implementation would lead to an increase of 0.37 million doses (appendix p 7). Among bacterial STI history-based prescribing strategies,

year while maintaining similar levels of monthly doxy-PEP consumption and reductions in chlamydia infection risk as reported for people taking HIV PrEP (appendix p 3).

These estimates suggest that doxycycline consumption in the USA will increase with the introduction of doxy-PEP, even when accounting for the reduction in antibiotics used to treat chlamydia, gonorrhoea, and syphilis; the extent of this increase will depend on the size of the population taking doxy-PEP. Monitoring changes in antibiotic consumption, disease incidence, and burden of resistance will be important to understand the effects of doxy-PEP.

This work was supported by the US National Institute of Allergy and Infectious Diseases (grant numbers R01 AI132606 and R01 AI153521) and the US Centers for Disease Control and Prevention (contract number 200-2016-91779), paid to YHG. The findings, conclusions, and views expressed are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention. KIOR declares no competing interests.

Copyright © 2023 The Author(s). Published by Elsevier Ltd. This is an Open Access article under the CC BY-NC-ND 4.0 license.

Kirstin I Oliveira Roster,
*Yonatan H Grad
ygrad@hsph.harvard.edu

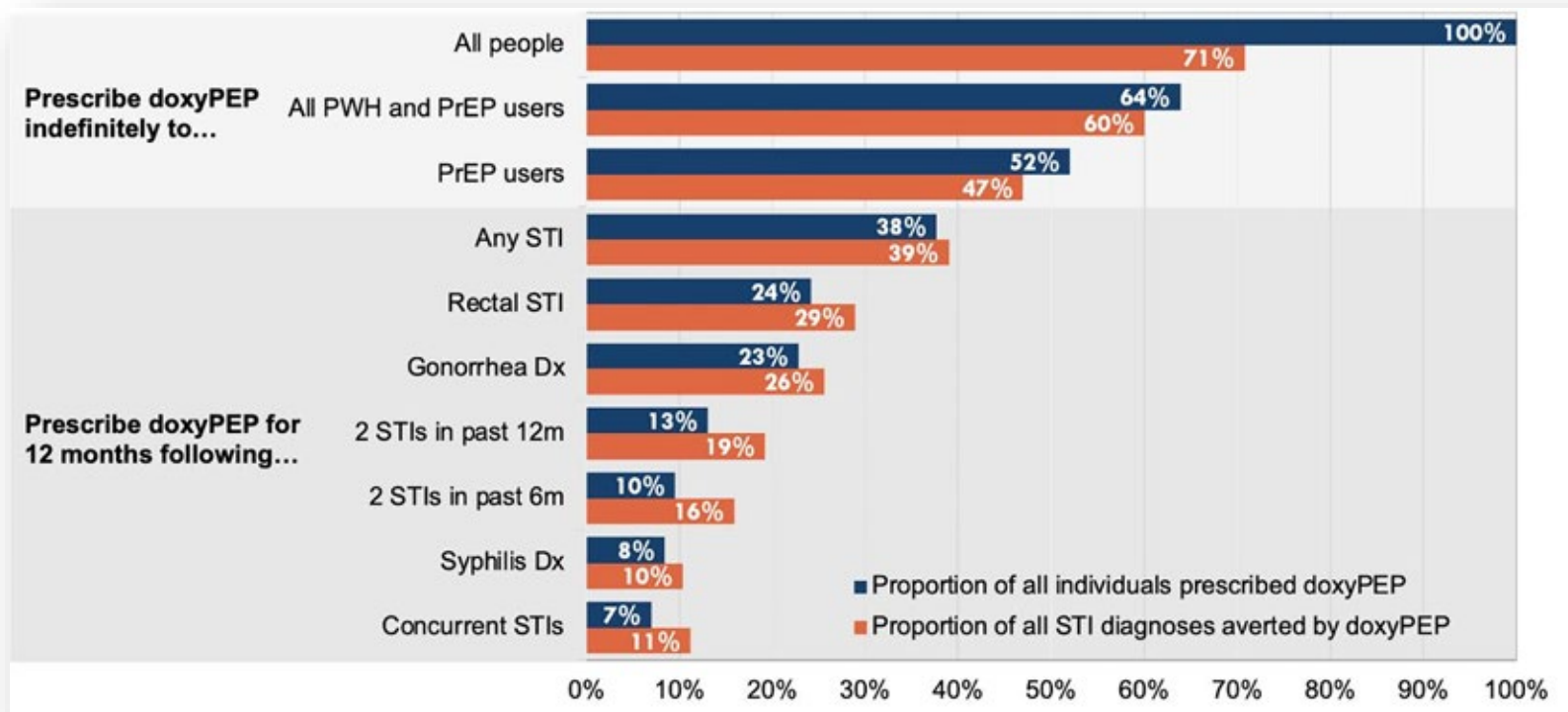
Department of Immunology and Infectious Diseases, Harvard T H Chan School of Public Health, Harvard University, Boston, MA 02115, USA (KIOR, YHG)

See Online for appendix

1. Lutkemeyer AE, Donnell D, Dombrowski JC, et al. Doxy-PEP for HIV-positive men who have sex with men: a randomised controlled trial. *Lancet Microbe* 2023; Published Online October 23, 2023; [https://doi.org/10.1016/S2666-5247\(23\)00314-2](https://doi.org/10.1016/S2666-5247(23)00314-2)

- “Fully balancing doxy-PEP consumption ...would require **restricting prescriptions to a group with an incidence of 7-8 infections per person year...**
- Doxycycline consumption in the USA will increase with the introduction of doxy-PEP, even when accounting for the reduction in antibiotics used
- Monitoring changes in antibiotic consumption, disease incidence, and burden of resistance will be important to understand the effects of doxy-PEP

Implementation Questions



- **Who should be given Doxy-PEP?**
- What is the proper interval for STI testing for individuals on Doxy-PEP?

Current Recommendations

BASHH updated position statement on doxycycline as prophylaxis for sexually transmitted infections

Manik Kohli ^{1,2}, Nicholas Medland, ^{3,4} Helen Fifer ⁵,
John Saunders ^{1,5}

BASHH column

causing syphilis, or meaningfully confirmed in *Chlamydia trachomatis*. However, high rates of tetracycline resistance in *Neisseria gonorrhoeae* already preclude treatment of gonorrhoea with doxycycline, and its use as prophylaxis is not likely to be effective in preventing gonorrhoea infection. Also of major concern is the potential for selection of resistance among potentially pathogenic bacterial flora such as *Staphylococcus aureus* and respiratory tract pathogens. Consider-

2023 Consensus Statement on doxycycline prophylaxis (Doxy-PEP) for the prevention of syphilis, chlamydia and gonorrhoea among gay, bisexual, and other men who have sex with men in Australia.

Recommendations

- 1) Medical providers **should inform** cis-gender MSM and transgender women who have sex with men with a history of **bacterial STI in the prior year about doxy-PEP**, its efficacy, the potential benefits and risks of the intervention, and the alternative options available to prevent, diagnose, and treat STIs.
- 2) The decision to prescribe doxy-PEP should result from a **shared decision-making process** between the medical provider and the patient. Providers should give particular consideration to prescribing doxy-PEP to patients with a history of syphilis or a history of multiple STIs in the prior year. Providers may consider prescribing doxy-PEP on an episodic basis when patients anticipate periods when their risk of STI may be higher (e.g., group sex events).
- 3) Doxy-PEP is not recommended for cisgender women. A recent study found no effect of doxy-PEP in cisgender women in Kenya in preventing STIs.
- 4) The potential benefits and risks for transgender men (and other gender diverse patients assigned female sex at birth) who have anal sex with men are unknown. This population was not included in prior studies.
- 5) Counseling related to doxy-PEP should include the following elements:
 1. Evidence for the benefits of doxy-PEP.
 2. The known side effects and potential toxicities of doxycycline.
 3. The potential but unknown risks of doxy-PEP related to the microbiome and antibiotic resistance.
 4. H
 5. A
- 6) Doxy-PEP make dec for peopl

Recommendations

1. **Recommend doxy-PEP** to cis men and trans women who: 1) have had a bacterial STI in the past year and 2) report condomless anal or oral sexual contact with ≥ 1 cis male or trans female partner in the past year. These were the eligibility criteria used for the DoxyPEP study. Patients with a history of syphilis should be prioritized for doxy-PEP.
2. **Offer doxy-PEP using shared decision making** to cis men, trans men and trans women who report having multiple cis male or trans female sex partners in the prior year, even if they have not previously been diagnosed with an STI.
3. An ongoing randomized controlled trial in Kenya is assessing the safety and efficacy of doxy-PEP in cis women. **At this time, there is insufficient evidence to recommend doxy-PEP for STI prevention for individuals who report receptive vaginal sex.** If used in people who are able to become pregnant, pregnancy testing should be conducted as **doxycycline use should be avoided during pregnancy.**

Box. Population recommended for consideration for use of doxycycline as PEP for bacterial STI prevention

Recommendation
<ul style="list-style-type: none"> • Doxycycline 200mg taken once orally within 72 hours of oral, vaginal or anal sex should be considered for gay, bisexual, and other men who have sex with men, and for transgender women, with a history of at least one bacterial STI (i.e. gonorrhea, chlamydia or syphilis) in the last 12 months.
<ul style="list-style-type: none"> • No recommendation can be given at this time on the use of doxycycline PEP for cisgender women, cisgender heterosexual men, transgender men, other queer and nonbinary individuals. If this intervention is offered, it should be implemented with considerations for ancillary services detailed below.

- Who should be given Doxy-PEP?
- What is the proper interval for STI testing for individuals on Doxy-PEP?

RECOMMENDATIONS

Biomedical Prevention of STIs

- Clinicians **should offer** doxy-PEP to cisgender men and transgender w care and 1) engage in condomless sex with partner(s) assigned male : diagnosed within the past year and are at ongoing risk of STI exposur
- Clinicians **should offer** doxy-PEP to cisgender men and transgender w care and 1) engage in condomless sex with partner(s) assigned male : diagnosed within the past year and are at ongoing risk of STI exposur
- Clinicians **should engage in shared decision-making with cisgender m** partners assigned female sex at birth and 2) have had a bacterial STI on a case-by-case basis. (B3)
- When prescribing doxy-PEP, clinicians should use the do to 72 hours of condomless sex (A1) and counsel patients 1: **Considerations for Doxy-PEP Implementation.**

Individuals taking doxy-PEP, clinicians should screen (A1) should offer HIV PrEP to individuals who do not should offer HIV treatment to individuals with y-PEP. (A1) doxy-PEP, doxycycline post-exposure prophylaxis;



NEW YORK CITY DEPARTMENT OF
HEALTH AND MENTAL HYGIENE
Ashwin Vasani, MD, PhD
Commissioner

Doxycycline Post-Exposure Prophylaxis (Doxy-PEP) to Prevent Bacterial Sexually Transmitted Infections

- Doxycycline 200 mg administered within 24-72 hours of condomless sex (doxy-PEP) has been shown in studies to reduce the incidence of syphilis, chlamydia, and gonorrhea among cisgender men who have sex with men (MSM) and transgender women with a recent history of these infections.
- With rising rates of sexually transmitted infections (STIs) in New York City (NYC), the NYC Department of Health and Mental Hygiene (NYC Health Department) strongly encourages providers to consider prescribing doxy-PEP to cisgender MSM and transgender women who have sex with men and who have a history of chlamydia, gonorrhea, or syphilis in the prior year, based on shared decision-making with the patient.
- Providers should present information on the effectiveness, benefits, and risks of doxy-PEP, as well as other options available to prevent STIs.

Who Should I Offer Doxy-PEP To?

Populations
Cis-gender MSM
Transgender women
Cis-gender MSW
Cis-gender women

Vulnerability
2 STIs in Past 12 months
1 STI in past 12 months
Persons taking PrEP
0 STIs but non-monogamous condomless sex
Presenting for Care

Implementation Questions

Existing studies on Doxycycline as post-exposure (Doxy-PEP) or pre-exposure (Doxy-PrEP) prophylaxis				
Study		Population	Effectiveness	Pills/month
ANRS IPERGAY	PEP	MSM/TGW taking PrEP	Reduction in time to first STI HR 0.53 (0.33-0.85) Reduction seen for CT and syphilis but not GC	6.8
DoxyPEP	PEP	MSM/TGW Taking PrEP or PWH	Reduction in STI per quarter RR 0.38 (0.24 – 0.6)	4.0 (IQR 1-10)
DoxyVac	PEP	MSM on PrEP	Reduction in time to first CT or syphilis HR 0.16 (0.08-0.30). Reduction in time to first GC HR 0.49 (0.32-0.76)	7.0 (IQR 4-11)
dPEP	PEP	Women	No reduction in STI incidence RR 0.88 (0.60-1.29)	Not reported
MSM = men who have sex with men, TGW = transgender women, PWH = Persons with HIV, CT = Chlamydia, GC = Gonorrhea, OR = odds ratio, HR = hazards ratio RR = Relative risk reduction () = Confidence intervals IQR() = Interquartile range				

- Who should be given DoxyPEP?
- **What is the proper interval for STI testing for individuals on Doxy-PEP?**

Implementation Questions

Population	Recommendations
Men who have sex with men	At least annually, test at each site of exposure (urethra, rectum) for sexually active MSM regardless of condom use or every 3-6 months <u>if at increased risk</u> .
Patients taking PrEP	All patients starting and taking oral PrEP should have genitourinary and extra-genital testing performed at baseline and every 3 months.
Persons living with HIV	For sexually active individuals, screen at first HIV evaluation and at least annually thereafter. More frequent screening might be appropriate depending <u>on individual risk behaviors</u> and local epidemiology
Non-pregnant Women	Test at least annually for sexually active women under 25 years of age and those aged 25 years and older <u>if at increased risk</u> Rectal chlamydial testing can be considered in females <u>based on sexual behaviors and exposure</u> through shared clinical decision making.
Men who have sex with women***	Consider screening young men in high prevalence clinical settings (adolescent and STI clinics and correctional facilities)
Pregnant Women	All pregnant women under 25 years of age and those aged 25 years and older <u>if at increased risk</u> . retest during 3rd trimester if under 25 years of age or at risk.

- Who should be given DoxyPEP?
- **What is the proper interval for STI testing for individuals on Doxy-PEP?**

How Do I Provide Doxy-PEP?

How Do I Counsel Patient About Doxy-PEP Risks?

Side Effects

- Photosensitivity
- Pill esophagitis
- Gastrointestinal distress

Unknowns

- Antimicrobial resistance
- Microbiome changes
 - Weight gain

How Do I Prescribe Doxy-PEP?

FOR _____		DATE _____	
ADDRESS _____			
		REFILL _____ TIMES	
<small>A generically equivalent drug product may be dispensed unless the practitioner hand writes the words "Brand Necessary" or "Brand Medically Necessary" on the face of the prescription.</small>			
R_x			
Doxycycline Monohydrate 100mg tabs			
Take 2 tabs by mouth as needed every 24 hours			
Take 2 capsules by mouth, once daily as needed (take within 72 hours of condomless sex),			
Take no more than 2 capsules in any 24 hour period. Take with water and remain upright for 30 mins after taking			
Dispense: #60 tabs			
Refills: 0			
_____ SIGNATURE		_____ DEA NO.	
ADDRESS _____			
Reorder Item #6120		Total Pharmacy Supply, Inc.	
		1-800-878-2822	

How Do I Prescribe Doxy-PEP?

FOR _____ DATE _____

ADDRESS _____

REFILL _____ TIMES

A generically equivalent drug product may be dispensed unless the practitioner hand writes the words "Brand Necessary" or "Brand Medically Necessary" on the face of the prescription.

Rx

Doxycycline Monohydrate 100mg tabs

Take 2 tabs by mouth as needed every 24 hours

Take 2 capsules by mouth, once daily as needed (take within 72 hours of condomless sex),

Take no more than 2 capsules in any 24 hour period. Take with water and remain upright for 30 mins after taking

Dispense: #60 tabs

Refills: 0

SIGNATURE

DEA NO.

ADDRESS _____

Reorder Item #6120 Total Pharmacy Supply, Inc. 1-800-878-2822

Hyclate or Monohydrate

- Hyclate – cheaper
- Monohydrate – less GI distress

How Do I Prescribe Doxy-PEP?

- Detailed instructions

FOR _____ DATE _____

ADDRESS _____

REFILL _____ TIMES

A generically equivalent drug product may be dispensed unless the practitioner hand writes the words "Brand Necessary" or "Brand Medically Necessary" on the face of the prescription.

Rx

Doxycycline Monohydrate 100mg tabs
Take 2 tabs by mouth as needed every 24 hours

Take 2 capsules by mouth, once daily as needed (take within 72 hours of condomless sex),
Take no more than 2 capsules in any 24 hour period. Take with water and remain upright for 30 mins after taking

Dispense: #60 tabs
Refills: 0

SIGNATURE

DEA NO.


ADDRESS _____

Reorder Item #6120 Total Pharmacy Supply, Inc. 1-800-878-2822

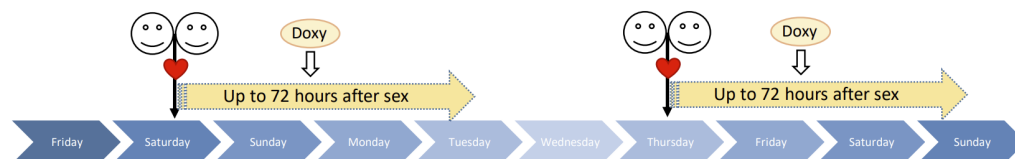
How Do I Prescribe Doxy-PEP?

Doxy PEP – How to Take

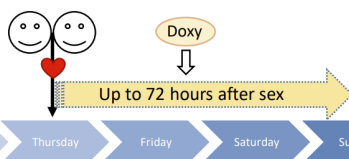
Two 100 mg pills of doxycycline ideally within 24 hours but no later than 72 hours after condomless oral, anal or vaginal sex

 = sex without a condom, including oral sex

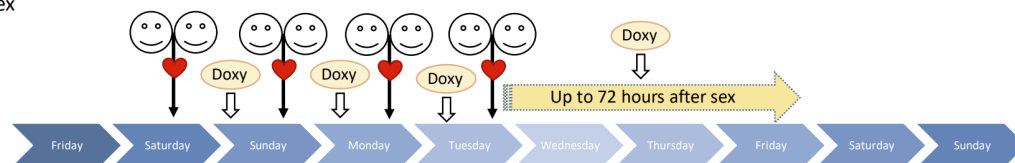
Example: Sex on Sat; take dose of doxy by Tues



Example: Sex on Thursday; take dose of doxy by Sunday



Example 2: Daily (or more) sex Sat-Tues; take daily dose of doxy and last dose within 24 hours *but not later than 72 hours* after last sex



No more than 200 mg every 24 hours

About Doxy-PEP



What is doxy-PEP?

- Doxy-PEP means taking the antibiotic doxycycline after sex, to prevent getting an STI. It is like a morning-after pill but for STIs. Taking doxy-PEP reduces your chance of acquiring syphilis, gonorrhea, and chlamydia by about two-thirds.

When should I take doxy-PEP?

- Two 100 mg pills of doxycycline should be taken ideally within 24 hours but no later than 72 hours after condomless sex. Condomless sex means oral, anal or vaginal/front-hole sex where a condom isn't used for the entire time.

What about when I have sex again?

- If you have sex again within 24 hours of taking doxycycline, take another dose 24 hours after your last dose. You can take doxycycline as often as every day when you are having condomless sex but don't take more than 200 mg (two 100 mg pills) every 24 hours.



How should I take doxy-PEP?

- Take doxycycline with plenty of water or something else to drink so that it does not get stuck when you swallow. If your stomach is upset by doxycycline, taking it with food may help.
- Some people are more sensitive to the sun when they take doxycycline, so wear sunscreen.
- Please do not share doxycycline with others.
- Avoid dairy products, calcium, antacids, or multivitamins 2 hours before after taking doxycycline.



What are we still learning about doxy-PEP?

- Does it affect normal ("good") bacteria in our intestines?
- Could it increase or decrease the bacteria that live on our skin, or make them resistant to doxycycline (for example staph)?
- Will doxy-PEP increase doxycycline resistance in bacteria that cause STIs?
 - Although doxycycline has been used for decades, there is not resistance to doxycycline in chlamydia or syphilis.
 - About 25% of gonorrhea in the US is already resistant to doxy; doxy-PEP may not work against these strains. The DoxyPEP study and other studies will help understand whether using doxy-PEP changes resistance in gonorrhea.



Reminders

- Call us at 628-217-6692 if you run out of doxycycline, if you are having any side effects, or if you think you may have an STI.
- Please continue to get tested for STIs every 3 months and whenever you have symptoms.
- Doxy-PEP doesn't protect against MPX (monkeypox), HIV, or other viral infections



How Do I Prescribe Doxy-PEP?

FOR _____ DATE _____

ADDRESS _____

REFILL _____ TIMES

A generically equivalent drug product may be dispensed unless the practitioner hand writes the words "Brand Necessary" or "Brand Medically Necessary" on the face of the prescription.

Rx

Doxycycline Monohydrate 100mg tabs
Take 2 tabs by mouth as needed every 24 hours
Take 2 capsules by mouth, once daily as needed (take within 72 hours of condomless sex),
Take no more than 2 capsules in any 24 hour period. Take with water and remain upright for 30 mins after taking

Dispense: #60 tabs
Refills: 0

SIGNATURE _____ DEA NO. _____

ADDRESS _____

Reorder Item #6120 Total Pharmacy Supply, Inc. 1-800-878-2822

- Dispense and refills
- 25% of patients used \geq 10 doses per month

How Do I Prescribe Doxy-PEP?

doxycycline 100 MG Capsule ✓ Accept ✗ Cancel

Product: **DOXYCYCLINE HYCLATE 100 MG OR CAPS** [View Available Strengths](#)

Sig Method: **Specify Dose, Route, Frequency** [Taper/Ramp](#) [Combination Dosage](#) [Use Free Text](#)

Dose: 200 mg 100 mg

doxycycline 100 MG Capsule [Details](#)

↑ Single dose of 200 mg exceeds recommended maximum of 100 mg by 100% [Use 100 mg](#)

Override Reason/Comment: [Not clinically significant](#)

Calculated dose: 2 capsule

Route: Oral [Oral](#)

Frequency: Daily PRN [Daily \(0900\)](#) [2X Day](#)

Duration: [Doses](#) [Days](#)

Starting: 9/9/2023 [Ending:](#) [First fill:](#)

Dispense: Days/Fill: [Full \(0 Days\)](#) [30 Days](#) [90 Days](#)

Quantity: 60 capsule [Refill:](#) 0

☐ Dispense As Written

Renewal Provider: [Do not send renewal requests to me](#)

Mark long-term: ☐ DOXYCYCLINE HYCLATE (TETRACYCLINES)

⚠ Patient Sig: [Take 2 capsules by mouth Daily As Needed Take within 72 hours of condomless sex and ideally within 24 hours. Take no more than 2 capsules \(200mg\) in any 24 hour period. Take with water and remain upright for 30 mins after taking.](#)

[Edit the additional information appended to the patient sig](#)

ⓘ The sig contains both discrete and free text elements. Review the final sig above.

Indications: [Antimicrobial Therapy](#)

☐ Acne Vulgaris ☐ Bacterial Infection

Indications (Free Text):

Class: [ePrescribe](#) [ePrescribe](#) [Normal](#) [Phone In](#) [OTC](#) [Historical Med](#)

ⓘ Next Required ✓ Accept ✗ Cancel

How Do I Follow Patients on Doxy-PEP?

Labs

- Prior to initiation: None
 - Would not start on symptomatic patients
- Quarterly – STI testing
- Annually: CBC, LFTs, Creatinine

Treatment

- Treat as per the 2021 STI Guidelines
 - ***Consider in-person and exam and deferring empiric treatment for “exposure”***

Igor Was Prescribed Doxy-PEP

FOR _____ DATE _____

ADDRESS _____

REFILL _____ TIMES

A generically equivalent drug product may be dispensed unless the practitioner hand writes the words "Brand Necessary" or "Brand Medically Necessary" on the face of the prescription.

Rx

Doxycycline Monohydrate 100mg tabs
Take 2 tabs by mouth as needed every 24 hours
Take 2 capsules by mouth, once daily as needed (take within 72 hours of condomless sex), Take no more then 2 capsules in any 24 hour period. Take with water and remain upright for 30 mins after taking
Dispense: #60 tabs
Refills: 0

SIGNATURE

DEA NO.

ADDRESS _____

Reorder Item #6120 Total Pharmacy Supply, Inc. 1-800-878-2822

doxycycline 100 MG Capsule Accept Cancel

Product: DOXYCYCLINE HYCLATE 100 MG OR CAPS View Available Strengths

Sig Method: Specify Dose, Route, Frequency Taper/Ramp Combination Dosage Use Free Text

Dose: 200 mg 100 mg

doxycycline 100 MG Capsule Details

Single dose of 200 mg exceeds recommended maximum of 100 mg by 100% Use 100 mg

Override Reason/Comment: Not clinically significant

Calculated dose: 2 capsule

Route: Oral Oral

Frequency: Daily PRN Daily (0900) 2X Day

Duration: Doses Days

Starting: 9/9/2023 Ending: First fill:

Dispense: Days/Fill: Full (0 Days) 30 Days 90 Days

Quantity: 60 capsule Refill: 0

☐ Dispense As Written

Renewal Provider: ☐ Do not send renewal requests to me

Mark long-term: ☐ DOXYCYCLINE HYCLATE (TETRACYCLINES)

Patient Sig: Take 2 capsules by mouth Daily As Needed Take within 72 hours of condomless sex and ideally within 24 hours, Take no more then 2 capsules (200mg) in any 24 hour period. Take with water and remain upright for 30 mins after taking.

[Edit the additional information appended to the patient sig](#)

Indications: ☒ Antimicrobial Therapy

☐ Acne Vulgaris ☐ Bacterial Infection

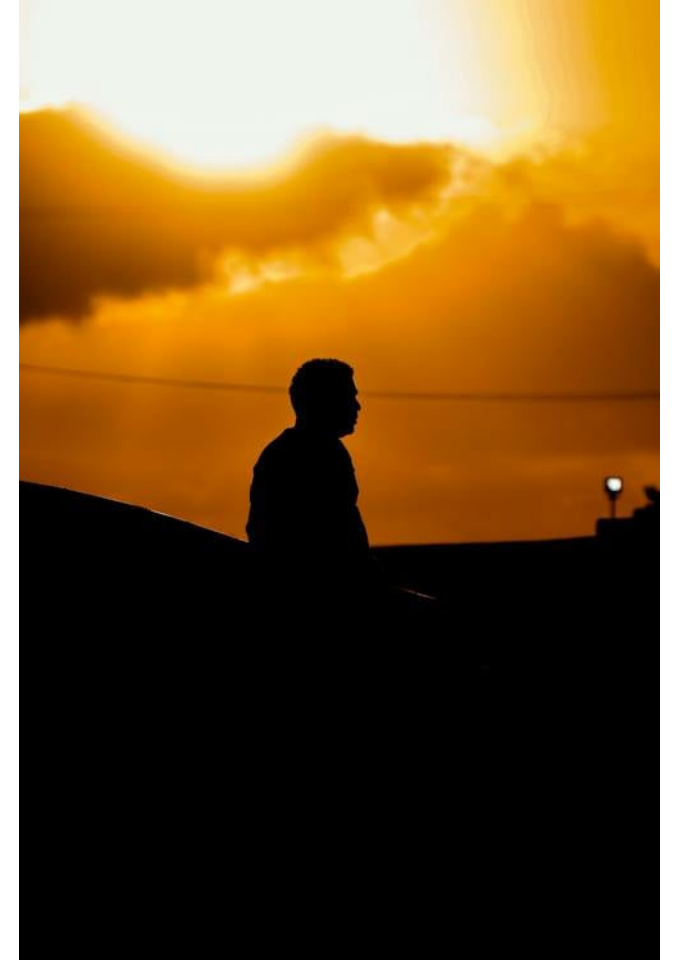
Indications (Free Text):

Class: ePrescribe ePrescribe Normal Phone In OTC Historical Med

Next Required Accept Cancel

Igor

- Return to clinic 4 weeks later
- “It hurts when I pee, and I have a lot of green discharge”
- Labs repeated
 - Plus, gonorrhea culture
- Treated with Gentamicin and Azithromycin



Igor's Results

Lab results:

HIV Ab/Ag - Negative

Urine GC/CT – GC positive

Pharyngeal GC/CT – GC positive

Rectal GC/CT – negative

RPR – 1:16

- 1:128 – 10 weeks ago, 1:32 4 weeks ago



Igor's Gonorrhea Culture

Lab results:

Azithromycin – susceptible (MIC 0.125)

Ciprofloxacin – resistant (MIC 1)

Ceftriaxone – susceptible (MIC 0.016)

Cefixime – Susceptible (48mm)

Tetracycline – resistant (MIC 12)



Tetracycline Resistant Gonorrhea

- Will it work for prophylaxis?
- What else can you offer him?

Does 4CMenB Vaccine Prevent Gonorrhea?

ORIGINAL STUDY

Meningococcus B Vaccination Effectiveness Against *Neisseria gonorrhoeae* Infection in People Living With HIV: A Case-Control Study

Angelo Roberto Raccagni, MD,* Laura Galli, MSc,† Vincenzo Spagnuolo, MD,† Elena Bruzzesi, MD,* Camilla Muccini, MD,† Simona Bossolasco, MD,† Martina Ranzenigo, MD,* Nicola Gianotti, MD,† Riccardo Lolatto, MSc,† Antonella Castagna, MD,*† and Silvia Nozza, MD†

Background: We assessed the vaccination effectiveness (VE) of multi-component meningococcal serogroup B (4CMenB) vaccine against gonorrhea among people living with HIV (PLWH) with a previous diagnosis of sexually transmitted infection.

Methods: Unmatched case-control study on men who have sex with men living with HIV, in care at San Raffaele Scientific Institute, Milan, Italy, with gonorrhea, syphilis, chlamydia, or anal human papillomavirus between July 2016 (beginning of 4CMenB vaccination) and February 2021 (date of freezing). For the analysis, cases were people with ≥1 gonorrhea infection since July 2016, and controls were people with ≥1 syphilis, chlamydia, or anal human papillomavirus infection since July 2016. Logistic regression was used to provide the estimate of 4CMenB VE against gonorrhea.

Results: Included people living with HIV were 1051 (103 cases, 948 controls); 349 of 1051 (33%) received 2 doses of 4CMenB vaccination. The median follow-up was 3.8 years (2.1–4.3 years). The unadjusted estimate for VE against gonorrhea was 42% (95% confidence interval, 6%–64%; $P=0.027$). Logistic regression showed that VE against gonorrhea remained significant (44%; 95% confidence interval, 9%–65%; $P=0.020$) after adjusting for some factors that might have a potential influence on VE or those with significant unbalanced distributions between cases and controls at univariable analysis.

However, the feasibility of developing a vaccine primarily targeting *Neisseria gonorrhoeae* has been historically questioned as all previous vaccine candidates failed at reducing gonorrhea cases. The high antigenic variability, the lack of natural protection following infection, and the ability to subvert the immune system are challenges for vaccine development.^{4–6}

Although several gonococcal antigens showed promise in different preclinical stages, a new vaccine would be available for clinical use in several years.⁷ Therefore, expanding the current indications of accessible vaccines might be the most effective solution in a short-term scenario. Antiserogroup B *Neisseria meningitidis* vaccines have been identified as the ideal candidate, after having demonstrated a cross-protective immune response.^{8,9} Ecologic evidence from Cuba and Norway highlighted a possible reduction of cases after vaccination with outer-membrane vesicle (OMV)-based serogroup B antimeningococcal vaccines.^{10,11} In New Zealand, MeNZB has shown to decrease both gonorrhea cases by 31% and gonococcal-related hospitalizations by 24%.^{8,12,13} Currently, multicomponent meningococcal serogroup B (4CMenB) is the most used vaccine against serogroup B *N. meningitidis* worldwide. Recent evidence from the United States and Australia, by means of surveillance or medical records, supports its effectiveness against *N. gonorrhoeae*.^{14–16} Moreover, given the additional

Effectiveness of a serogroup B outer membrane vesicle meningococcal vaccine against gonorrhoea: a retrospective observational study

Winston E Abara, Kyle T Bernstein, Felicia M T Lewis, Julia A Schillinger, Kristen Feemster, Preeti Pathela, Susan Hariri, Aras Islam, Michael Eberhart, Iris Cheng, Alexandra Temier, Jennifer Sanderson Slutsker, Sarah Mbaeyi, Robbie Madera, Robert D Kirkcaldy

Summary

Background Declining antimicrobial susceptibility to current gonorrhoea antibiotic treatment and inadequate treatment options have raised the possibility of untreatable gonorrhoea. New prevention approaches, such as vaccination, are needed. Outer membrane vesicle meningococcal serogroup B vaccines might be protective against gonorrhoea. We evaluated the effectiveness of a serogroup B meningococcal outer membrane vesicle vaccine (MenB-4C) against gonorrhoea in individuals aged 16–23 years in two US cities.

Methods We identified laboratory-confirmed gonorrhoea and chlamydia infections among individuals aged 16–23 years from sexually transmitted infection surveillance records in New York City and Philadelphia from 2016 to 2018. We linked gonorrhoea and chlamydia case records to immunisation registry records to determine MenB-4C vaccination status at infection, defined as complete vaccination (two MenB-4C doses administered 30–180 days apart), partial vaccination (single MenB-4C vaccine dose), or no vaccination (serogroup B meningococcal vaccine naïve). Using log-binomial regression with generalised estimating equations to account for correlations between multiple infections per patient, we calculated adjusted prevalence ratios (APR) and 95% CIs to determine if vaccination was protective against gonorrhoea. We used individual-level data for descriptive analyses and infection-level data for regression analyses.

Findings Between Jan 1, 2016, and Dec 31, 2018, we identified 167706 infections (18099 gonococcal infections, 124876 chlamydial infections, and 24731 gonococcal and chlamydial co-infections) among 109737 individuals linked to the immunisation registries. 7692 individuals were vaccinated, of whom 4032 (52.4%) had received one dose, 3596 (46.7%) two doses, and 64 (<1.0%) at least three doses. Compared with no vaccination, complete vaccination series (APR 0.60, 95% CI 0.47–0.77; $p<0.0001$) and partial vaccination series (0.74, 0.63–0.88; $p=0.0012$) were protective against gonorrhoea. Complete MenB-4C vaccination series was 40% (95% CI 23–53) effective against gonorrhoea and partial MenB-4C vaccination series was 26% (12–37) effective.

Interpretation MenB-4C vaccination was associated with a reduced gonorrhoea prevalence. MenB-4C could offer cross-protection against *Neisseria gonorrhoeae*. Development of an effective gonococcal vaccine might be feasible with implications for gonorrhoea prevention and control.

Clinical Infectious Diseases

MAJOR ARTICLE

IDSA
Infectious Diseases Society of America

hivma
the medicine association

OXFORD

Prevention of *Neisseria gonorrhoeae* With Meningococcal B Vaccine: A Matched Cohort Study in Southern California

Katia J. Bruxvoort,^{1,2,*} Joseph A. Lewnard,^{3,4,5} Lie H. Chen,⁶ Hung Fu Tseng,^{2,4} Jennifer Chang,⁷ Jennifer Veltman,⁸ Jeanne Marrazzo,⁹ and Lei Gao¹

¹Department of Epidemiology, University of Alabama at Birmingham, Birmingham, Alabama, USA; ²Department of Research & Evaluation, Kaiser Permanente Southern California, Pasadena, California, USA; ³Division of Epidemiology, School of Public Health, University of California–Berkeley, Berkeley, California, USA; ⁴Division of Infectious Diseases & Vaccinology, School of Public Health, University of California–Berkeley, Berkeley, California, USA; ⁵Center for Computational Biology, College of Engineering, University of California–Berkeley, Berkeley, California, USA; ⁶Department of Health Systems Science, Kaiser Permanente Bernard J. Tylen School of Medicine, Pasadena, California, USA; ⁷Department of Infectious Diseases, Los Angeles Medical Center, Southern California Permanente Medical Group, Los Angeles, California, USA; ⁸Division of Infectious Diseases, Loma Linda University Health School of Medicine, Loma Linda, CA, USA; and ⁹Division of Infectious Diseases, University of Alabama at Birmingham Heersink School of Medicine, Birmingham, Alabama, USA

Background. *Neisseria gonorrhoeae* is acquiring increasing resistance to available oral antibiotics, and current screening and treatment approaches have not decreased gonorrhea incidence. Although a gonorrhea-specific vaccine does not exist, *N. gonorrhoeae* shares much of its genome with *Neisseria meningitidis*, notably critical antigenic determinants including outer membrane vesicles (OMV). Prior observational studies have suggested that OMV-based meningococcal serogroup B vaccines confer protection against gonorrhea.

Methods. We conducted a matched cohort study from 2016 to 2020 to examine the association of OMV-containing recombinant meningococcal serogroup B vaccine (4CMenB) with gonorrhea infection among teens and young adults at Kaiser Permanente Southern California. Recipients of 4CMenB were matched in a ratio of 1:4 to recipients of non-OMV-containing polysaccharide-conjugate vaccine targeting serotypes A, C, W, and Y (MenACWY) who had not received 4CMenB and were followed for incident gonorrhea. We used Cox proportional hazards regression to compare gonorrhea rates among recipients of 4CMenB vs MenACWY, adjusting for potential confounders. We conducted the same analysis with chlamydia as a negative control outcome.

Results. The study included 6641 recipients of 4CMenB matched to 26471 recipients of MenACWY. During follow-up, gonorrhea incidence rates per 1000 person-years (95% confidence intervals [CIs]) were 2.0 (1.3–2.8) for recipients of 4CMenB and 5.2 (4.6–5.8) for recipients of MenACWY. In adjusted analyses, gonorrhea rates were 46% lower among recipients of 4CMenB vs MenACWY (hazard ratio [HR], 0.54; 95% CI, .34–.86), but chlamydia rates were similar between vaccine groups (HR, 0.98; 95% CI, .82–1.17).

Conclusions. These results suggest cross-protection of 4CMenB against gonorrhea, supporting the potential for vaccination strategies to prevent gonorrhea.

Keywords. meningococcal B vaccine; gonorrhea; cohort study.

Pop: MSM living with HIV

Efficacy: 44% (9-65%)

Pop: Age 16 - 23

Efficacy: 40% (23-53%)

*Partial 26% (12-37%)

Pop: Teens and Young Adults

Efficacy: 46% (24-66%)



COLUMBIA

COLUMBIA UNIVERSITY
IRVING MEDICAL CENTER

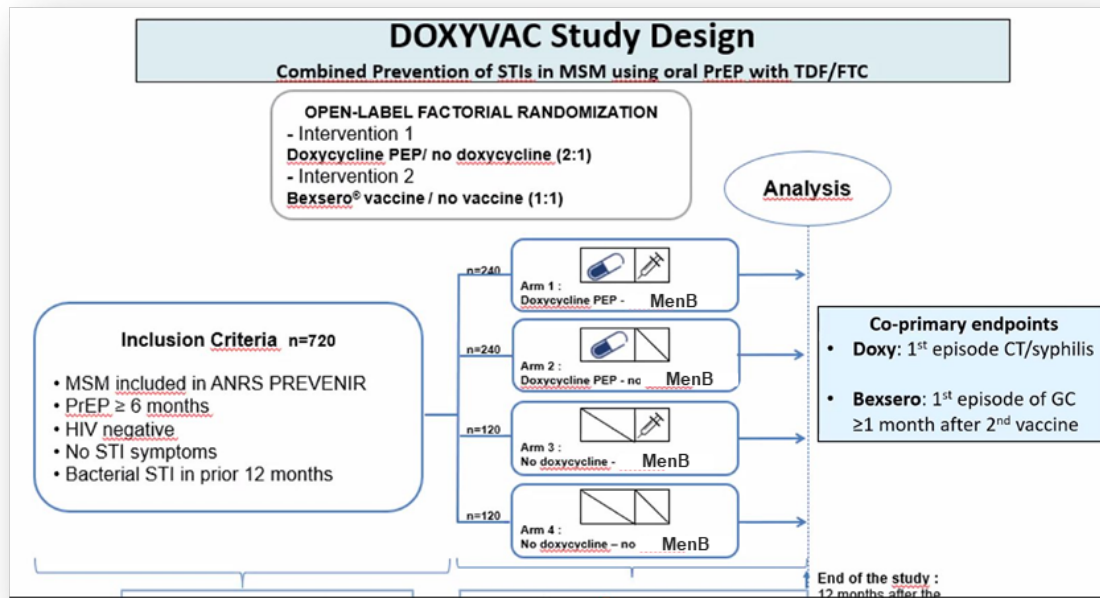
1. Raccagni AR, Galli L, Spagnuolo V, et al. Meningococcus B Vaccination Effectiveness Against *Neisseria gonorrhoeae* Infection in People Living With HIV: A Case-Control Study. *Sex Transm Dis.* 2023;50(5):247–251. doi:10.1097/OLQ.0000000000001771
2. Abara WE, Bernstein KT, Lewis FMT, et al. Effectiveness of a serogroup B outer membrane vesicle meningococcal vaccine against gonorrhoea: a retrospective observational study. *Lancet Infect Dis.* 2022;22(7):1021–1029. doi:10.1016/S1473-3099(21)00812-4
3. Bruxvoort KJ, Lewnard JA, Chen LH, et al. Prevention of *Neisseria gonorrhoeae* With Meningococcal B Vaccine: A Matched Cohort Study in Southern California [published correction appears in Clin Infect Dis. 2023 Jan 11;]. *Clin Infect Dis.* 2023;76(3):e1341–e1349. doi:10.1093/cid/ciac436



DoxyVac Study

CROI 2023

- Interim analysis
 - Incidence of first episode of gonorrhea: 9.8 vs 19.7 per 100 person years in the 4CmenB vaccine vs no vaccine arms
 - (aHR, 0.49; 95% CI, 0.27-0.88)
- DSMB recommended to stop the study and that all the participants be offered doxycycline and/or the meningococcal B vaccine



Does MenB Vaccination Prevent Gonorrhea?



- Discrepancy between interim and final analysis on the effectiveness of the meningococcal B vaccine on gonococcal infections
- **Re-analysis is ongoing**

Does MenB Vaccination Prevent Gonorrhea?

Independent report

JCVI advice on the use of meningococcal B vaccination for the prevention of gonorrhoea

Published 10 November 2023


Contents

Background

Evidence

JCVI advice

References

 Print this page

Background


The Joint Committee on Vaccination and Immunisation (JCVI) is an expert scientific advisory committee which advises the UK government on vaccination and immunisation matters.









- “The committee agreed that a targeted programme should be initiated using the 4CMenB vaccine for the prevention of gonorrhoea in those who are at greatest risk of infection.”

STI Prevention Summary

- We are in an era of STI prevention choice and patients should be aware of their options
- Doxy-PEP
 - Doxy-PEP **works** to prevent STIs in men who have sex with men and transgender women living with and without HIV
 - Doxy-PEP **does not work** to prevent STIs in persons born female
 - There remain unknowns about the overall impact, risks, and unintended consequences of Doxy-PEP that potential users should be aware of (**Shared Decision Making**)
- 4CMenB vaccine **MAY** reduce an individual's risk of gonorrhea
 - 4CMenB vaccination prevents against gonorrhea in observational studies, but randomized clinical trial data is **not confirmatory**
- Real-world studies are needed to help us understand the risks and benefits of STI prevention modalities
- Flexibility is key, management will change as we learn more


National Network of STD/HIV Prevention Training Centers

 National **STD** Curriculum Sign In or Register

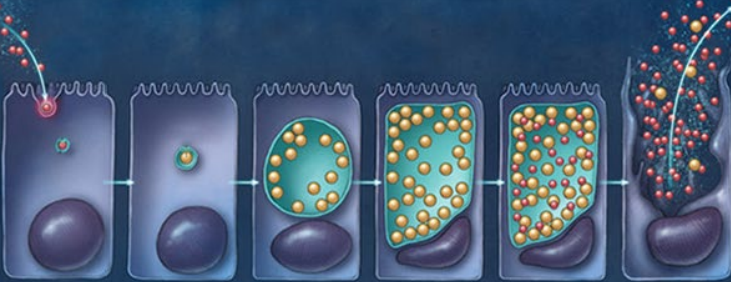
 Self Study >  Quick Reference >  Question Bank >  STD Podcast >  Lecture Series >  Mpox Guide >  Clinical Consultation >  Master Bibliography

National STD Curriculum

A free educational website from the University of Washington STD Prevention Training Center.

 Contributors

Funded by
Centers for Disease Control and Prevention (CDC)



CLINICIANS, Got a Tough STD Question?

GET FREE EXPERT STD CLINICAL
CONSULTATION AT YOUR FINGERTIPS



 Ask your question  National STD experts review  Response within 1-5 business days, depending on urgency **GO**

STI Treatment Guide Mobile App

Get treatment regimens *FAST*

Download CDC's
free app for
iPhone and
Android devices

www.cdc.gov/std



Sexual Health E-Learning Courses



- Interactive asynchronous online courses now available through the national site: <https://courses.nnptc.org/eLearning.html>
- Free and CE-accredited
- Interested? Check out our current courses and stay tuned for future topics!

Questions

